

PARENTING

CHILDREN WITH SPECIAL NEEDS

hard BEAUTIFUL unique
FUN frustrating EVOLVING
LET'S TALK ABOUT IT. TUESDAYS, 5:30pm

FREE dinner is provided from 5:30pm-6:00pm. Parent-led support group focused on all the perfect & imperfect moments of parenting **children with special needs and special healthcare needs**, and strategies to make our family lives more fulfilling & successful from 6:15-7:15pm. Programming is provided for children ages 12 and under, and the whole family is welcome & encouraged to attend.

Circle of Parents sessions will held every Tuesday from 5:30pm- 7:15pm throughout the school year at Smart Start of New Hanover County,

3534 South College Rd. Suite F. Wilmington, NC 28412

Questions? Or want to join us?

Contact Smart Start of New Hanover County at (910)815-3731



CIRCLE of PARENTS*
Sharing Ideas. Sharing Support.



• NEW HANOVER COUNTY •

Circle of Parents®

Frequently Asked Questions

- What is Circle of Parents®?

Circle of Parents® offers anyone in a parenting role the opportunity to participate in weekly group meetings with other parents to exchange ideas, share information, develop and practice new parenting skills, learn about community resources, and give and receive support. Our group will focus on parents of children with special needs and special healthcare needs.

- What qualifies "Special Needs"?

"Special Needs" is an umbrella underneath which a group of diagnoses can be included. Children with special needs may have medical, behavior, developmental, learning, or mental health concerns. Although every special-needs child is different and every family is unique, there are some common concerns that link parents together.

- What happens at a Circle of Parents® group session?

Groups are parent-led with the support of a trained group facilitator, are conducted in a confidential and non-judgmental manner, are free of charge, and provide developmentally appropriate children's programs for children birth to 12, concurrent with the parent group meetings.

- What can I expect to gain from Circle of Parents®?

At Circle of Parents you will meet other parents who have children with special needs and special healthcare needs, discuss parenting challenges and learn solutions, become aware of community resources and services, and have fun! As an added benefit your child will experience fun activities with other children as well.

- Is there a commitment to attending group sessions?

Group sessions are completely voluntary- please feel free to come as often or as little as you'd like. Drop-ins are welcome, but a 24 hour notice is always appreciated.

"Circle of Parents® is a national network of mutual support and self-help programs in partnership with communities."