



# Smart Start Early Care and Education Training Calendar October - December 2018

• NEW HANOVER COUNTY •

All trainings held at Smart Start of New Hanover County.  
Registration fees: \$6- except where noted. DCDEE credit hours: 2- except where noted.

<b>Wed., Nov. 28</b>	<b>ITS SIDS</b>	<b>6:30-8:30pm</b>	<b>Instructor: Krista Green</b>
<b>Mon., Dec. 3</b>	<b>ITS SIDS</b>	<b>6:30-8:30pm</b>	<b>Instructor: Kelly Puzon</b>

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training. **\*note time**

<b>Sat., Oct., 20</b>	<b>CPR, AED, &amp; First Aid</b>	<b>9:00am-2:00pm</b>	<b>Instructor: LaKeasha Glaspie</b>
<b>Thurs., Dec., 6</b>	<b>CPR, AED, &amp; First Aid</b>	<b>2:00-7:00pm</b>	<b>Instructor: LaKeasha Glaspie</b>

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. Participants may bring snacks/drinks/sack lunch or dinner.  
**DCDEE credit hours: 0      Cost: \$25**

<b>Mon., Oct. 22 - part 1*</b>	<b>FLIP IT</b>	<b>6:30-9:00pm</b>	<b>Instructors: Kim Klein &amp; Kelly Puzon</b>
<b>Mon., Oct. 29 - part 2*</b>	<b>FLIP IT</b>	<b>6:30-9:00pm</b>	<b>Instructors: Kim Klein &amp; Kelly Puzon</b>

FLIP IT! is a strategy that offers a simple, kind, strength-based, common sense, and effective four step process to address children’s day to day challenging behavior. In this 2-part training, teachers will learn the teaching methods to implement FLIP IT! in their classrooms, and transform best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. FLIP IT! isn’t just for children with challenging behaviors, but for all children in the classroom to learn how to appropriately regulate their emotions. *In addition to the workshop, follow-up TA will be provided to help you implement the strategy in your classroom. FLIP IT is beneficial for children birth-5 yrs.; TA will be provided to classrooms ages 2+.*  
**\*Must attend both sessions to receive credit.**  
**DCDEE credit hours: 5      Cost: \$15**

<b>Sat., Oct. 27</b>	<b>Infant/Toddler Brain Development</b>	<b>9:00-11:00am*</b>	<b>Instructors: Krista Green</b>
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Brain development is vital in infants and toddlers. In this workshop, participants will learn what brain development and architecture look like for infants/toddlers, the 3 types of stress infants/toddlers experience, and the 7 infant needs that have been identified to support positive development. *This workshop is designed specifically for infant/toddler teachers.* **\*note time**

<b>Wed., Nov. 7 – part 1*</b>	<b>NC Foundations for Early Learning &amp; Development</b>	<b>6:30-9:00pm</b>	
<b>Wed., Nov. 14 – part 2*</b>	<b>NC Foundations for Early Learning &amp; Development</b>	<b>6:30-9:00pm</b>	

**Instructors: Natalie Pond & Kelly Puzon**

This course will provide participants with an introduction to *NC Foundations for Early Learning and Development*, how they are structured, and how to implement them in early childhood settings. Participants will gain knowledge in using *Foundations* to support children in their learning and development by embedding the expectations into daily planning and practice.  
**Please bring your copy of the Foundations book if you have one. \*Must attend both sessions to receive credit.**  
**DCDEE credit hours: 5      CEUs: 0.5      Cost: \$20**



For additional training options, visit Region 4 CCR&R's website: <http://www.puzzlesregion.com>



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**Thurs., Nov. 8 Is This Special Education? 6:30-8:30pm Instructors: Laura Hutko, Rebecca Long & Matt Oakley, NHCS**

Participants will review developmental norms/ranges for preschool children in the areas of cognitive skills, speech/language skills, social/emotional skills and motor skills. The participants will review eligibility criteria that must be met for preschool students in the areas of speech/language, developmental delay and autism. This workshop is geared toward preschool teachers, and administrators.

**Mon., Nov. 12 Strategies for Developing Emotional Literacy and Emotional Regulation 6:30-8:30pm Instructor: Kim Klein**

This training will provide an introduction to the stages of emotional literacy– the ability to understand and express feelings– and strategies and activities to help children build these important skills. In addition, participants will learn about specific steps to teach children in their care how to develop and utilize emotional regulation strategies. Specifically, this training teaches about The Color Wheel of Emotional Regulation, a visual self-monitoring system designed to support children in monitoring negative emotions and developing healthy calming techniques.

**Mon., Nov. 19 Fostering Creative Art in the Classroom 6:30-8:30pm Instructor: Matt Schaeffer**

This training will help teachers understand the importance of art activities, how they can affect children's creativity, and provide pointers for setting up an art center. *Space is limited.*

**Wed., Dec. 5 Outdoor Opportunities for Infants & Toddlers 6:30-8:30pm Instructor: Natalie Pond**

Do you find it difficult to create an appropriate outdoor area for infants and toddlers? This workshop will explore the benefits and challenges of outdoor play and will offer a variety of fun, age-appropriate activity ideas. Examples of outdoor play settings will be included. *This workshop is designed specifically for teachers working with infants and toddlers.*

**Wed., Dec. 5 Encouraging Speech Sound Development 6:30-8:30pm Instructor: Laura Hutko, NHCS**

Do you have children in your room who are hard to understand? Come and learn about how sounds are made, some of the common early childhood speech sound errors, and some strategies to help encourage speech sound development.

**Thurs., Dec. 20 Supporting the Individual Needs of Infant and Toddlers 6:30-8:30pm Instructor: Krista Green**

This workshop will focus on recognizing and understanding individual needs along with the emotional messages and behaviors of infants and toddlers. Participants will learn concepts and strategies to help understand and respond appropriately to the child's needs. *This workshop is designed specifically for infant/toddler teachers.*

**Thurs., Dec. 20 Cooking in the Preschool Classroom 6:30-8:30pm Instructor: Matt Schaeffer**

During this hands on workshop participants will discuss how cooking relates to child development, safety and sanitation, age appropriate cooking skills, and more. Participants will also create healthy snacks they can later recreate in their classrooms. *This workshop is designed specifically for preschool teachers. Space is limited.*



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