Physical Activity and Nutrition Consultant

NC Dept. of Health and Human Services | Physical Activity and Nutrition Grant

This position will coordinate all aspects of the DHHS Physical Activity and Nutrition (PAN) grant including, but not limited to: create and facilitate workshops around Farm to Early Care and Education (F2ECE), physical activity, and nutrition topics, work closely with F2ECE child care sites in the following ways: monitor, coach, and provide TA, enhance physical activity and nutrition, establish as breastfeeding friendly sites, and create policies pertaining to any/all of the above. In addition, participate on the NC F2ECE 2019 collaborative team and oversee NHC's F2ECE collaborative team, recruit F2ECE sites, participate on local food council meetings, extend work at established breastfeeding friendly child care sites and recruit child care sites to become breastfeeding friendly, work with community in efforts to raise awareness of importance of physical activity and nutrition in young children.

This grant position is April 1, 2019- September 30, 2019, with likelihood of being extended through 2021.

Education: minimum Bachelor's degree in Early Childhood Education/Child Development or Public Health.

Experience: Preferred, but no limited to: at least 2 years working with young children (birth-5 yrs.) or health/nutritionist or Cooperative Extension agent

<u>Desired Skills:</u> excellent verbal and written communication, knowledge of horticulture/gardening, physical activity and nutrition with young children, and creating policies, working with diverse populations, public speaking ability, problem solving

Applications accepted until position is filled. Please submit cover letter and resume to:

Smart Start c/o Mindy Davis- 3534 S. College Rd., Suite F, Wilmington, NC 28412 or

Mindy.davis@newhanoverkids.org