



Smart Start Early Care and Education Training Calendar April - June 2019

• NEW HANOVER COUNTY •

All trainings held at Smart Start of New Hanover County.
Registration fees: \$6- except where noted. DCDEE credit hours: 2- except where noted.

Sat., April 6	ITS SIDS	9:00-11:00am	Instructor: Matt Schaeffer
Mon., May 20	ITS SIDS	6:30-8:30pm	Instructor: Krista Green
Wed., June 5	ITS SIDS	6:30-8:30pm	Instructor: Kelly Puzon

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.

Mon., April 15 Start Safe: Fire Safety 6:30-8:30pm Instructor: Wendy Giannini-King, Wilmington Fire Dept.

This training will focus on the Fire Safety curriculum program that helps children identify what is hot and to stay away from, call an adult for help, help their families make a home escape map, practice family fire drills, and know what to do at the sound of a smoke alarm. Participants will receive all the curriculum materials including lesson plans, DVD, poster book, activity sheets, and handouts for parents.

Tues., April 16 Supporting the Individual Needs of Infants and Toddlers 6:30-8:30pm Instructor: Krista Green

This workshop will focus on recognizing and understanding individual needs along with the emotional messages and behaviors of infants and toddlers. Participants will learn concepts and strategies to help understand and respond appropriately to the child's needs. *This workshop is designed specifically for infant/toddler teachers.*

Tues., April 16 CPR, AED, & First Aid (Recertification) 6:30-9:30pm Instructor: LaKeasha Glaspie

Sat., May 18 CPR, AED, & First Aid (Recertification) 9:00am-12:00pm Instructor: LaKeasha Glaspie

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. **This class is only for those with a current/valid certification from an authorized organization. Participants with an expired certification are not eligible for the recertification course.** *Registration will be confirmed after proof of current certification is received. Participants may bring snacks/drinks/sack lunch or dinner.*

DCDEE credit hours: 0 Cost: \$25

Wed., April 24 Positive Discipline 6:30-8:30pm Instructor: Kim Klein

This training will discuss the differences between punishment and discipline. Participants will expand their understanding of factors that affect the behavior of children in their care such as their own behavior and classroom environment. Participants will be introduced to intentional teaching strategies to reduce challenging behaviors as well as becoming familiar with positive discipline strategies.

Thurs., April 25 part 1* NC Foundations for Early Learning & Development 6:30-9:00pm

Thurs., May 2 part 2* NC Foundations for Early Learning & Development 6:30-9:00pm

Wed., May 29 parts 1 & 2^ NC Foundations for Early Learning & Development 1:00-6:30pm

Instructors: Natalie Pond & Kelly Puzon

This course will provide participants with an introduction to *NC Foundations for Early Learning and Development*, how they are structured, and how to implement them in early childhood settings. Participants will gain knowledge in using *Foundations* to support children in their learning and development by embedding the expectations into daily planning and practice.

Please bring your copy of the *Foundations* book if you have one. *Must register & attend both parts to receive credit.

^Time includes a 30 minute break. Participants may bring snack/lunch/drinks.

DCDEE credit hours: 5 CEUs: 0.5 Cost: \$20

Wed., May 8 The Power of Loose Parts 6:30-8:30pm Instructor: Natalie Pond

Your preschool classroom is stocked with just the right kind of books, blocks, and dramatic play props; now let's take a look at the power of loose parts. In this workshop, participants will learn about setting up provocation centers for exploration, even for classrooms on a budget. The benefits of these "extra centers" will be discussed, and ideas for using repurposed and natural materials will be shared.



For additional training options, visit Region 4 CCR&R's website: <http://www.puzzlesregion.com>



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Mon., May 6 part 1* **CPR, AED, & First Aid (Initial Certification)** **6:30-9:30pm** **Instructor: LaKeasha Gaspie**

Mon., May 13 part 2* **CPR, AED, & First Aid (Initial Certification)** **6:30-8:30pm** **Instructor: LaKeasha Gaspie**

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. **This class is for those who have an expired certification, or need initial certification.** Participants may bring snacks/drinks/sack lunch or dinner.

DCDEE credit hours: 0 Cost: \$35

Thurs., May 16 **Playground Safety** **9:00am-1:00pm** **Instructors: LaKeasha Gaspie & Natalie Pond**

Participation in this class meets playground safety training requirements. DCDEE rules and safety tips for outdoor play are included.

DCDEE credit hours: 4 Cost: \$12

Thurs., May 23 **Cooking in the Preschool Classroom** **6:30-8:30pm** **Instructor: Matt Schaeffer**

During this hands on workshop participants will discuss how cooking relates to child development, safety and sanitation, age appropriate cooking skills, and more. Participants will also create healthy snacks they can later recreate in their classrooms.

This workshop is designed specifically for preschool teachers. Space is limited to 12 participants, with no more than 2 per facility.

Thurs., May 30 **Transitions** **6:30-8:30pm** **Instructor: Kim Klein**

What is the most chaotic part of the day in your classroom? If you answered transitions, then this training is for you. Topics discussed will be: ways to reduce the number of transitions, teaching children what to expect during these times, keeping them appropriately engaged, and strategies to make transitions smoother. This is a make and take training; you'll go home with materials to help make transitions a fun part of your day.

Thurs., June 13 - part 1* **FLIP IT!** **6:30-8:30pm** **Instructors: Kim Klein & Kelly Puzon**

Thurs., June 20 - part 2* **FLIP IT!** **6:30-8:30pm** **Instructors: Kim Klein & Kelly Puzon**

Thurs., June 27 - part 3* **FLIP IT!** **6:30-8:30pm** **Instructors: Kim Klein & Kelly Puzon**

FLIP IT! is a strategy that offers a simple, kind, strength-based, common sense, and effective four step process to address children's day to day challenging behavior. In this 3-part training, teachers will learn the teaching methods to implement FLIP IT! in their classrooms, and transform best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. FLIP IT! isn't just for children with challenging behaviors, but for all children in the classroom to learn how to appropriately regulate their emotions. *In addition to the workshop, follow-up TA will be provided to help you implement the strategy in your classroom. FLIP IT is beneficial for children birth-5 yrs.; TA will be provided to classrooms ages 2+.* Class size is limited to 12 participants- 2 per facility.

***Must register & attend all 3 sessions to receive credit.**

DCDEE credit hours: 6 Cost: \$18

Thurs., June 20 part 1* **Emergency Preparedness & Response** **6:30-8:30pm** **Instructor: Matt Schaeffer**

Thurs., June 27 part 2* **Emergency Preparedness & Response** **6:30-8:30pm** **Instructor: Matt Schaeffer**

This 2 part series workshop is an overview of Emergency Preparedness and Response for best practices and required policies. A one hour TA consultation is included in the credit hours. ***Participants must register & attend both parts to meet EPR training requirements.**

DCDEE credit hours: 5 Cost: \$12

Wed., June 26 **Infant/Toddler Socialization, Guidance, and Discipline: A Developmental Approach** **6:30-8:30pm** **Instructor: Krista Green**

This workshop will focus on the importance of socialization, guidance, and discipline in the infant/toddler years.

Participants will explore the meanings of each while considering their role, own socialization goals, and how those influence everyday practice with the children in their care.

This workshop is designed specifically for infant/toddler teachers.



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