



NEW HANOVER COUNTY

Smart Start Early Care and Education Training Calendar January-March 2020

All trainings held at Smart Start of New Hanover County.

Registration fees: \$6- except where noted. DCDEE credit hours: 2- except where noted.

Workshop Topic Key:

IT: Infant/Toddler **PRE:** Preschool **FCCH:** Family Child Care Home **SE:** Social Emotional

Wed., Jan. 15– part 1 **CPR, AED, & First Aid (Initial Certification)** **6:30-9:30pm**

Wed., Jan. 22– part 2 **6:30-8:30pm**

This training teaches early childhood educators and others how to respond to and manage illness and injuries to a child or infant during the first few minutes until professional help arrives. **This class is for those who have an expired certification, or need initial certification.** Participants may bring snacks/drinks/sack lunch or dinner.

DCDEE credit hours: 0 Cost: \$35

Thurs., Jan. 23 **Early Literacy & Numeracy (PRE)** **6:30-8:30pm**

This training is geared towards **Preschool Teachers** looking for new ideas and helpful ways to set children up for a successful kindergarten year. Join us as we discuss the importance of literacy & numeracy and explore ways to incorporate sorting, counting, and reading into the daily routine and activities.

Wed., Jan. 29 **Infant/Toddler Brain Development (IT)** **6:30-8:30pm**

This workshop will focus on brain development in infants and toddlers. We will be discussing Brain Development and Architecture, the 3 Types of Stress infants/toddlers experience, along with the 7 infant needs that have been identified to support positive development. *This workshop is designed specifically for infant/toddler teachers.*

Thurs., Jan. 30 **Intentional Teaching of Social Skills (SE)** **6:30-8:30pm**

This workshop will provide participants with an overview on how social-emotional skills are best taught, and strategies to teach these skills throughout the day. Examples of materials that will help you teach social skills will be shared.

Thurs., Jan. 30 **Curriculum Planning for Family Child Care (FCCH)** **6:30-8:30pm**

This workshop will offer resources for creating *Foundations*-based lesson plans, using everyday activities and materials. Tips for adapting activities to multi-ages will be discussed. Providers will have the opportunity to create lesson plans and share ideas. *This workshop is designed specifically for family child care providers only.*

Sat., Feb. 1 **Conscious Discipline (SE)** **9:00-11:00am**

Come learn the foundations of Conscious Discipline. A social-emotional learning and classroom management program which provides a variety of behavior management strategies and classroom structures that teachers can use to turn everyday situations and challenging behaviors into learning opportunities! Presented by Jennifer Yates, NHCS

Mon., Feb. 17 **Little Bits of Learning** **6:30-8:30 pm**

Discover ways to create learning opportunities throughout the day, including during free play, routines, and transitions. Tips on making the most of everyday moments and ways to extend planned activities will be shared. Follow-up TA will be offered for you to have the opportunity to practice the learned strategies with the trainer.

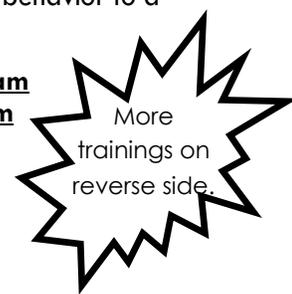
Thurs., Feb. 20 **Reasons for Challenging Behaviors in Preschoolers (PRE)** **6:30-8:30 pm**

In this workshop, we will talk about some common reasons and root causes of challenging behaviors in young children. Participants will also learn how to use data collection to identify possible triggers for these challenging behaviors and we will go over strategies that can be put in place to prevent challenging behaviors as well as change the behavior to a more appropriate one.

Sat., Feb. 22 **ITS SIDS** **9:00-11:00am**

Wed., March 4 **ITS SIDS** **6:30-8:30pm**

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.





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Wed., Feb. 26 Using Story Time as a Teaching Tool for Literacy (PRE) 6:30-8:30pm

You may find story time stressful when children call out while you're reading, but did you know that you can help children learn literacy skills during your story time? Dialogic Reading is an approach that allows children to become participants in telling the story. This workshop will focus on using story time to enhance and improve literacy and language skills. Participants will leave knowing key techniques to use and will have hands-on practice.

Thurs., Feb. 27 Self-Care and Recovery from Crisis (SE) 6:30-8:30pm

Stress is prominent in our day to day lives, especially when working with young children. This Save the Children workshop is designed to help child care providers learn the effects stress has on our bodies and adopt healthy self-care practices that can help before, during, or after stressful situations, trauma, and/or a disaster.

Mon., March 9 Supporting Breastfeeding Families: A Guide for Early Care Providers (IT/FCCH) 6:30-8:30pm

Many child care centers and providers find it challenging to provide support for breastfeeding mothers while the child is in their care. Come enhance your skills and knowledge and take back some tools for making this important time of life easier for your parents. This workshop fulfills the Professional Development Standard for NC Breastfeeding-Friendly Child Care Designation. *This workshop is designed specifically for infant/toddler teachers, directors and family child care providers only.* Presented by Norma Escobar, WIC Breastfeeding Coordinator, NHC Health Department

Mon., March 16 In Touch with Toddlers (IT) 6:30-8:30 pm

This workshop will offer a view of the world through a toddler's eyes and provide a deeper understanding of how they learn. A variety of sensory activities for toddlers and two year olds will be shared, including ideas for outdoor explorations.

Thurs., March 19 Calling All Smile Crusaders! & Brushing is Fun! 6:30-8:30pm

Baby teeth are important! Beginning when the first tooth emerges, child care administrators, caregivers, educators, and staff play an important role in young children's oral health. Hear the latest on early childhood oral health – everything from national statistics to policies of the American Academy of Pediatrics and American Academy of Pediatric Dentistry. If you work with young children or their parents, you'll want to know this basic information and how you can help prevent tooth decay. 'Brushing is Fun' combines early oral health best practices and sanitation guidelines giving early care and education programs the information they need to establish a tooth brushing routine in the classroom. *Participants will receive an oral health classroom kit (restricted to one per licensed New Hanover County facility and excludes centers who have already received this kit).* Presented by Linda Swartz, RDH, MA-NC DHHS, Division of Public Health, Oral Health Section.

Thurs., Mar 19 Child Nutrition in Early Care & Education (PRE/FCCH) 6:30-8:30pm

During this hands-on workshop, participants will discuss best practices in child nutrition, learn how to introduce new foods, find out how to create a 'cooking cart', and more. Participants will also create healthy snacks they can enjoy while learning and later recreate in their classrooms. *This workshop is designed specifically for preschool teachers & family child care home providers. Space is limited.*

Sat., March 21 Teaching Social-Emotional Skills in the Family Child Care Home (FCCH) 9:00-11:00am

During this workshop for family child care home providers, we will explore how to incorporate social-emotional skills into everyday routines and activities. We will learn how to expose children to their emotions through reading, singing, and play. During this time, you will be able to share ideas with fellow providers and brainstorm ways of tackling challenging behaviors in the family child care home.

Sat., March 21 FLIP IT! (SE) 9:00am-2:30pm

FLIP IT is a strategy that offers simple, practical, research-based 4-step strategies for addressing challenging behaviors. Participants will learn about helping a child with self-regulation and have the opportunity to receive follow up TA in their classrooms to work on the FLIP IT! strategies. *A light lunch will be provided.* **DCDEE credit hours: 5.5 Cost: \$18**

