



• NEW HANOVER COUNTY •

Smart Start Early Care and Education Training Calendar August– September 2020

Registration fees: **Virtual-** free **Registration is required** **DCDEE credit hours: 2 cr. hrs. unless noted**
In person- \$6 (except CPR)

Participants will register by contacting Matt: matt.schaeffer@newhanoverkids.org OR 910.815.3731 ext. 1011
(please provide your name, workshop title, program name, email address, phone #)

Workshop Topic Key:

IT: Infant/Toddler **PRE:** Preschool **FCCH:** Family Child Care Home **SE:** Social Emotional

Workshop Color Code:

Blue: in person at Smart Start **Red:** virtual workshops via Zoom

Virtual Workshops:

- ◇ EACH person wishing to register for a workshop must register separately and have an email address (*cell phone numbers will be accepted if participant does not have an email*)
- ◇ One day prior to the workshop, registered participants will be emailed the link to join the Zoom workshop. Due to credit hours being issued, participants may not share the Zoom link with others who have not registered.
- ◇ EACH participant must log into the class individually for attendance (no group log-ins under 1 person's link)
- ◇ Attendance for certificates will be taken by those whose names are listed as participants in the workshop
- ◇ Certificates will be mailed to the participant's place of employment

Zoom tips:

- *A computer is the best option for signing on to a Zoom workshop, but a cell phone will also work
- *Participants do not have to use the video feature, but a microphone is optimal. If no microphone is available, participants will be asked to use the chat feature to communicate during the workshop, as well as complete polls, assessments, etc.

For more information on Zoom- <https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>

Tues., Aug. 11	ITS SIDS	6:30-8:00pm	1.5 cr. hr.	K. Green & K. Puzon
Tues., Aug. 25	ITS SIDS	6:30-8:00pm	1.5 cr. hr.	K. Green & M. Schaeffer
Sat., Sept. 26	ITS SIDS	9:30-11:00am	1.5 cr. hr.	M. Schaeffer & K. Puzon

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training. Class size is limited and no more than 2 per site. **Cost: \$6**

Thurs. Aug. 20	CPR & First Aid (Recertification)	6:30-8:30pm	L. Glaspie
Sat., Sept. 19	CPR & First Aid (Recertification)	9:00-11:00am	L. Glaspie

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. *In observing new CPR and CDC guidelines, classes will be limited to 4 persons for each class- 1 per program.* **Registration is for participants with a certification from an authorized organization that expired March 2020 or later. Priority will be given to FCCH providers & those with expired certifications.** *Registration will be confirmed after proof of current certification is received. PayPal links will be emailed to participants after registration has been confirmed.* **DCDEE credit hours: 0 Cost: \$25**

Wed., Aug. 26 Supporting Breastfeeding Families: A Guide for Early Care Providers 6:30-8:30pm N. Escobar

Many child care centers and providers find it challenging to provide support for breastfeeding mothers while the child is in their care. Come enhance your skills and knowledge and take back some tools for making this important time of life easier for your parents. Breastfeeding packets will be provided to the first 12 registered facilities. Presented by Norma Escobar, WIC Breastfeeding Coordinator, NHC Health Department



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Thurs., Aug. 27 Mealtime Moments in FCCH (FCCH) 6:30-7:30pm 1.0 cr. hr. N. Pond

Mealtime is an important part of growing healthy minds and bodies. This session will introduce ways to plan learning activities around meals and snacks and will explore ideas for adding variety with simple menu changes. Participants will also have the opportunity to share their own menu ideas and activities with the group.

Thurs., Sept. 10 Go Outside! Planning for the Outdoor Classroom 6:30-8:30pm N. Pond

In this workshop, the benefits of outdoor play will be discussed and participants will explore ways that learning occurs outdoors on the playground. Ideas to help in planning for the outdoor area as an extension of the classroom will be given.

Thurs., Sept. 10 Making the Most of Circle Time (SE) 6:30-8:30pm K. Puzon

This workshop will focus on all aspects of circle time. We will talk about the purpose of circle time, what skills we should be teaching and what skills children are learning during group time, how we can make circle time engaging for children to reduce challenging behaviors, and how to get the most out of circle time. We will go over several strategies and some materials that will help you make circle time a fun part of your preschool day that you and the children look forward to. **Cost: \$6**

Thurs., Sept. 17 Embracing Differences: Building a Diversity Rich Classroom 6:30-7:30pm 1.0 cr. hr. L. Glaspie & N. Pond

This introductory session will discuss the importance of supporting classroom and community diversity everyday, including different abilities, family structure, and children of color. Ideas for building a diversity rich environment using materials and daily activities will be offered.

Mon., Sept. 21 Stay Healthy, Stay Clean: Handwashing, Diapering, and Sanitation in Child Care 6:30-8:30pm L. Gans, Child Care Health Coordinator

In this workshop, participants will learn about the importance of correct handwashing, how and when to check diapers and how to properly diaper a child, cleaning, sanitizing, and disinfecting the room, and a variety of other health and safety processes. Learning the spread of germs in those processes will also be discussed. Additionally, participants will learn common sources of violations and issues to avoid.

Tues., Sept. 22 ECERS– R Review (PRE) 12:00-1:00pm 1.0 cr. hr. M. Schaeffer

Join me as we review the low scoring items and indicators associated with the ECERS-R. During our time, I'll provide answers to common questions and review the terms and definitions described in this scale.

Wed., Sept. 23 Infant/Toddler Socialization, Guidance & Discipline: A Developmental Approach (IT) 6:00-7:00pm 1.0 cr. hr. K. Green

This workshop will focus on the importance of socialization, guidance, and discipline in the infant/toddler years. Participants will explore the meanings of each while considering their role, own socialization goals, and how those influence everyday practice with the children in their care. *This workshop is designed specifically for infant/toddler teachers.*

Mon., Sept. 28 Be Active Kids 6:30-7:30pm 1.0 cr. hr. L. Glaspie

Be Active Kids is a program that aims to increase physical activity for children birth-5 yrs. in early childhood settings by integrating learning and movement. The program focuses on motor skill development, fitness, play, and nature.

This entire class will be taught outdoors with social distancing in place. Dress comfortably and be ready to move! **Cost: \$6**