



Smart Start Early Care and Education Training Calendar January - March 2021

● NEW HANOVER COUNTY ●

Registration fees: \$3 per credit hour (except CPR)

Registration is required: <https://www.newhanoverkids.org>

Workshop Topic Key:

IT: Infant/Toddler **PRE:** Preschool **FCCH:** Family Child Care Home **SE:** Social Emotional

Workshop Color Code:

Blue: in person at Smart Start

Red: virtual workshops via Zoom

Virtual Workshops:

- ◇ EACH person wishing to register for a workshop must register separately and have an email address
- ◇ One day prior to the workshop, registered participants will be emailed the link to join the Zoom workshop. Due to credit hours being issued, participants may not share the Zoom link with others who have not registered.
- ◇ EACH participant must log into the class individually for attendance (no group log-ins under 1 person's link)
- ◇ Certificates will be mailed to the participant's place of employment at the end of the quarter
- ◇ **Be sure to always check your junk/spam email folder if you aren't seeing an email from us— then mark us as a Safe Sender**

In Person Workshops:

- ◇ Seating is limited to maintain 6 ft. apart & participants must wear face masks at all times
- ◇ All health and safety precautions are being taken, including extra cleaning in training spaces
- ◇ **In observing new CPR and CDC guidelines, sharing of equipment is prohibited. Therefore, Smart Start's CPR classes are limited to 4 persons for each class- 1 per program. We apologize for the inconvenience.**

Wed., Jan 13 Recognize & Report Child Abuse & Neglect 6:30-7:30pm 1.0 cr. hr. K. Spivey

This training provides an overview of Child Protective Services (CPS) reporting and the CPS process. This training provides the statutes and guidelines for North Carolina Child Protective Services, including what is investigated; recognizing possible signs of child abuse and neglect; and how to respond if you have concerns that a child is being abused or neglected. *This workshop is presented by Kathi Spivey with NHC DSS, Child Protective Services.*

Mon., Jan. 25 & Feb. 1* CPR & First Aid (Initial Certification) 6:30-8:30pm 0.0 cr. hr. L. Glaspie

This training teaches early childhood educators and others how to respond to and manage illness and injuries to a child or infant during the first few minutes until professional help arrives. **This class is for those who have an expired certification before March 2020, or need initial certification.** *Participants must attend both sessions. **Cost: \$35**

Tues., Jan. 26 Intentional Teaching of Calming Skills in Your Classroom (SE) 6:30-8:30pm 2.0 cr. hr. K. Puzon

This workshop will focus on the importance of intentionally teaching calming and self-regulation skills to children in your classroom. When we make this a regular part of your teaching and classrooms, it not only teaches children a valuable life skill they need, but also reduces challenging behaviors in our classroom. We will also discuss how to set up a calm down area and teach children to use it appropriately.

Thurs., Jan. 28 Tips & Tricks for the NEW Preschool Teacher (PRE) 6:30-7:30pm 1.0 cr. hr. M. Schaeffer

This training is geared towards **new preschool teachers** with little to no classroom experience. Join me as we discuss the importance of being prepared and organized, establishing regular routines, creating a schedule, being patient, and more. As part of this training, participants will also learn about Smart Start's Resource Room and the materials available to educators.

Thurs., Jan 28 Healthy Smiles in ECE 6:00-8:00pm 2.0 cr. hr. J. Martin

This workshop is for anyone working with children ages birth to five and their families. Oral health topics such as dental development, nutrition, signs of decay and more will be discussed. Participants will be eligible to apply for the *Healthy Smiles Grant* at SSNHC, which includes classroom materials, resources, curriculum and technical assistance. Priority will be given to those who have not received oral health grant materials in the past two years. This training and the Healthy Smiles Grant are provided by Delta Dental Foundation. *This workshop is presented by Jessica Martin with McMillen Health.* **Cost: FREE**

Tues., Feb. 2 LENA Grow Introduction for Centers 6:30-7:30pm 1.0 cr. hr. K. Green

Thurs., Feb. 4 LENA Grow Introduction for FCCH 7:00-8:00pm 1.0 cr. hr. K. Green

Are you curious about how often infant/toddler teachers talk to the children throughout the day? LENA Grow offers a window into learning more about classroom interactions and how they can be improved. This introduction workshop will answer your questions about how you can participate in LENA. See details in the newsletter for information. *This workshop is reserved for directors and FCCH providers only.* **Cost: FREE**

Tues., Feb. 9 The 6 Discoveries of Infancy (IT) 6:30-8:00pm 1.5 cr. hr. K. Green

This workshop will go into detail about understanding cognitive development around 6 major discoveries (Learning Schemes, Cause and Effect, Uses of Tools, Object Permanence, Understanding Space, and Imitation) that occur during infancy. Participants will learn how to facilitate early learning and cognitive development in their classes. *This workshop is designed specifically for infant/toddler teachers.* **Cost: \$6**

Wed., Feb. 10 Family Partnerships 6:30-8:30pm 2.0 cr. hr. N. Pond

This workshop will give educators concrete ideas for working with parents and families. Topics will include building relationships with families, strategies for on-going communication, and tips for handling difficult situations. This interactive session will give participants the opportunity to work together virtually to share ideas.



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Sat., Feb. 20 **Routines, Transitions, and Expectations: Universal Strategies to Reduce Challenging Behaviors (SE)**
9:00-11:00am 2.0 cr. hr. K. Puzon

This workshop will focus on the 3 key parts of the preschool day that are vital for consistency and teaching children behaviors we want them to have, rather than correcting them. We will talk about how to intentionally teach each of these 3 Universal Strategies and embed them into our everyday activities, as well as learn how challenging behaviors can be reduced as a result.

Wed., Feb. 24 **CPR & First Aid (Recertification)** 6:30-8:30pm 0.0 cr. hr. L. Glaspie

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. **Registration is for participants with a certification from an authorized organization that expired March 2020 or later. Priority will be given to FCCH providers & those with expired certifications.** Registration will be confirmed after proof of current certification is received. PayPal links will be emailed to participants after registration has been confirmed. **COST \$25**

Sat., Feb. 27 **Infant/Toddler Social Emotional Milestones (IT)** 9:00-10:30am 1.5 cr. hr. K. Green

In this workshop participants will discuss social emotional foundations, identify the stages of emotional development and review approaches in supporting self-esteem, security, and social competence. *This workshop is designed specifically for infant/toddler teachers.* **COST \$6**

Sat., Feb. 27 **ITERS-R Review (IT)** 9:00-10:00am 1.0 cr. hr. M. Schaeffer

This workshop is designed for infant-toddler teachers and directors who are already familiar with the environment rating scales. Preparing for an official Infant-Toddler Environment Rating Scale assessment will be discussed.

Sat., Jan. 30 **ITS SIDS** 9:00-11:00am 2.0 cr. hr. K. Green

Thurs., Feb. 18 **ITS SIDS** 6:30-8:30pm 2.0 cr. hr. M. Schaeffer

Tues., March 16 **ITS SIDS** 6:30-8:30pm 2.0 cr. hr. K. Puzon

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.

Virtual ITS SIDS: DCDEF requires class size be limited to 20 and participants MUST use a camera during the workshop.

In Person ITS SIDS: Class size is limited to 12 participants. Possibility of becoming a Zoom workshop if DCDEF extends virtual workshops.

Thurs., March 4 **Supporting Breastfeeding Families: A Guide for Early Care Providers** 6:30-8:30pm 2.0 cr. hr. N. Escobar

Many child care centers and providers find it challenging to provide support for breastfeeding mothers while the child is in their care. Come enhance your skills and knowledge and leave with some tools for making this important time of life easier for your parents. Breastfeeding packets will be provided to the first 12 registered facilities. Presented by Norma Escobar, WIC Breastfeeding Coordinator, NHC Health Depart.

Thurs., March 4 **Creating a Classroom Community in your FCCH** 7:00-8:30pm 1.5 cr. hr. N. Pond

You've carefully arranged your child care area, now take a step back and look at the classroom community. Go beyond shared rules and learn ways that your home-based program can foster child leadership and cooperation, give children a voice, and help them to appreciate their individual contributions as well as those of their peers in mixed age groups. *This workshop is designed specifically for Family Child Care Home providers.* **COST \$6**

Wed., March 10 **Creating a Classroom Community** 7:00-8:30pm 1.5 cr. hr. N. Pond

You've carefully constructed the room arrangement and the daily schedule, now take a step back and look at the classroom community. Go beyond shared classroom rules and learn ways that your program can foster child leadership and cooperation, give children a voice, and help them appreciate their individual contributions as well as those of their peers. *This workshop is designed specifically for center-based providers.* **COST \$6**

Thurs., March 11 **ECERS-R Review (PRE)** 6:30-7:30pm 1.0 cr. hr. M. Schaeffer

This workshop is designed for early childhood educators and directors who work with children age 3 through 5 years who are already familiar with the environment rating scales.

Tues., March 16 **Infant/Toddler Sensory Play (IT)** 6:30-7:30pm 1.0 cr. hr. K. Green

This workshop will cover sensory play and its importance in infant/toddler learning. Participants will leave with ideas on ways to incorporate sensory play into every day, while following the health and safety guidelines currently in place. *This workshop is designed specifically for infant/toddler teachers.*

Wed., March 24 **Introduction to Farm to Early Care & Education** 6:30-8:30pm 2.0 cr. hr. L. Glaspie

Have you heard of Farm to ECE? Farm to ECE (F2ECE) is a creative & developmentally appropriate way to introduce young children to fresh fruits & veggies, local farms, gardening and more. Come learn about this initiative, its core elements, and how it can support what you're currently doing in the classroom. This training will explore how F2ECE fits into many different types of ECE settings and adheres to ERS and Foundation standards. Teachers working in centers and family child care homes are encouraged to attend.

Mon., March 29 **Fire Safety- Basic** 6:30-8:30pm 2.0 cr. hr. W. Giannini King

This session will discuss the best safety practices for child care facilities for hazard situations. Come learn techniques to make your classroom/center MORE prepared for a fire, weather event, or other type of emergency. We will dig into online fire and injury lessons and content that can be used in classrooms. This course will also offer participants the practical/proper use of a multi-purpose fire extinguisher and use an extinguisher simulator to practice what you learn.