



Smart Start Early Care and Education Training Calendar April - June 2021

● NEW HANOVER COUNTY ●

Registration fees: \$3 per credit hour (except CPR)

Registration is required: <https://www.newhanoverkids.org>

Workshop Topic Key:

IT: Infant/Toddler **PRE:** Preschool **FCCH:** Family Child Care Home **SE:** Social Emotional

Workshop Color Code:

Blue: in person at Smart Start **Red:** virtual workshops via Zoom

Virtual Workshops:

- ◇ EACH person wishing to register for a workshop must register separately and have an email address
- ◇ One day prior to the workshop, registered participants will be emailed the link to join the Zoom workshop. Due to credit hours being issued, participants may not share the Zoom link with others who have not registered.
- ◇ EACH participant must log into the class individually for attendance (no group log-ins under 1 person's link)
- ◇ Certificates will be mailed to the participant's place of employment at the end of the quarter
- ◇ **Be sure to always check your junk/spam email folder if you aren't seeing an email from us— then mark us as a 'Safe Sender'**

In Person Workshops:

- ◇ Seating is limited to maintain 6 ft. apart & participants must wear face masks at all times
- ◇ All health and safety precautions are being taken, including extra cleaning in training spaces
- ◇ **In observing new CPR and CDC guidelines, sharing of equipment is prohibited. Therefore, our class sizes are limited.**

Thurs., April 8 The Importance Of Empathy (SE) 6:30-8:00pm 1.5 cr. hr. M. Schaeffer

During this virtual workshop, participants will better understand the meaning of empathy, how it differs from sympathy, identify signs of empathy in themselves, understand the importance of empathy in ECE, and view a variety of activities that foster empathy in the classroom.

Sat., April 10 ITS SIDS 9:00-11:00am 2.0 cr. hr. K. Green

Tues., May 11 ITS SIDS 6:30-8:30pm 2.0 cr. hr. M. Schaeffer

Tues., June 29 ITS SIDS 6:30-8:30pm 2.0 cr. hr. K. Puzon

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.

Virtual ITS SIDS: DCDEE requires class size be limited to 20 and participants MUST use a camera during the workshop.

In Person ITS SIDS: Class size is limited to 10 participants.

Tues., April 20 Darkness to Light 6:30-8:30pm 2.0 cr. hr. K. Puzon

Darkness to Light is a nonprofit group committed to empowering adults to prevent child sexual abuse through awareness, education and stigma reduction. Child sexual abuse is a complex problem and this training is not a substitute for advice from professionals. In this training, you will receive a mixture of survivor stories, expert advice, and practical guidance for preventing child sexual abuse. You will receive practical strategies to prevent and respond to sexual abuse through Darkness to Light's 5 steps to Protecting Our Children.

Thurs., April 22 & 29* CPR & First Aid (Initial Certification) 6:30-8:30pm 0.0 cr. hr. L. Glaspie

This training teaches early childhood educators and others how to respond to and manage illness and injuries to a child or infant during the first few minutes until professional help arrives. **Priority is given to those who have an expired certification before March 2020, or need initial certification.** *Participants must attend both sessions. **Cost: \$35**

Thurs., April 22 Outdoor Opportunities for Infants & Toddlers (IT) 6:30-8:00pm 1.5 cr. hr. N. Pond

This workshop will explore the benefits and challenges of outdoor play for infants and toddlers and will offer a variety of fun, age-appropriate activity ideas. Examples of outdoor play settings will be included.

Sat., May 1 Science with Sticks and Stones 9:00-10:30am 1.5 cr. hr. N. Pond

This training will take a back-to-basics approach to nature and science learning using everyday events and natural objects. Topics will include simple experiments, outdoor explorations (bugs and all!), and tips on bringing nature learning into the classroom.

Mon., May 3 Fire Safety 6:30-8:30pm 2.0 cr. hr. W. Giannini King

Learn the "why" behind fire and life safety codes as they pertain to your facility. Learn tips and training ideas to help successfully onboard staff that will help staff identify and remedy risks and hazards before they arise. Additionally, as a class, we will develop outreach ideas for parents/caregivers to highlight safety in facilities and in our children's homes.

Tues., May 4 LENA Grow Information Session 6:30-7:30pm 1.0 cr. hr. K. Green

Are you curious about how often infant/toddler teachers talk to the children throughout the day? LENA Grow offers a window into learning more about classroom interactions and how they can be improved. This introduction workshop will answer your questions about how you can participate in LENA. See details in the newsletter for information. ***This workshop is reserved for directors and FCCH providers only.* Cost: FREE**



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Tues., May 11 **Self-Care and Recovery from Crisis (SE)** **6:30-8:30pm** **2.0 cr. hr.** **K. Puzon**

Stress is prominent in our day to day lives, especially when working with young children. This Save the Children workshop is designed to help child care providers learn the effects stress has on our bodies and adopt healthy self-care practices that can help before, during, or after stressful situations, trauma, and/or a disaster. Participants will receive a Safety Tote, courtesy of Save the Children, containing a First Aid kit, weather radio, and other safety items (restricted to one per licensed New Hanover County child care facility).

Wed., May 12 **Chew On This (SE)** **6:30-8:30pm** **2.0 cr. hr.** **C. Smith**

Biting is a challenging behavior that every childcare teacher will face at one time or another. It can be stressful for everyone involved: the children, the teachers, and the families. In most cases, it is developmentally appropriate, and children soon learn other ways to self-regulate. This workshop explores reasons why children bite, why it is developmentally appropriate, and some strategies to help children through this phase in development.

Tues., May 18 **Helping Children Cope with Crises (SE)** **6:30-8:30pm** **2.0 cr. hr.** **K. Green**

This Save the Children workshop is designed to help childcare providers integrate strategies for helping children cope with crisis into their programs and adopt healthy self-care practices that can help them before, during, or after a disaster.

Thurs., May 20 **Dive into Summer in the FCCH (FCCH)** **7:00-8:30pm** **1.5 cr. hr.** **N. Pond**

This workshop will focus on embracing the summer season and will explore simple and low-cost activities that will also help you meet the requirements for Foundations based activity plans. There will be time to share ideas and network with other providers. *For providers in Family Child Care and Centers in a Residence only.*

Tues., May 25 **Home to School Partnerships** **6:30-8:00pm** **1.5 cr. hr.** **M. Schaeffer**

Join me as I discuss the importance of the home-to-school partnership. Review NAEYC's effective family engagement practices and share ways teachers can learn what families know and do.

Thurs., June 3 **Understanding Autism** **6:30-8:30pm** **2.0 cr. hr.** **C. Smith**

In this workshop, participants will learn the basics of autism spectrum disorder (ASD) as well as interventions and strategies that can be put in place to support children with ASD in the early childhood classroom.

Tues., June 8 **CPR & First Aid (Recertification)** **6:30-8:30pm** **0.0 cr. hr.** **L. Glaspie**

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. **Registration is for participants with a certification from an authorized organization that expired March 2020 or later. Priority will be given to FCCH providers & those with expired certifications.** *Registration will be confirmed after proof of current certification is received. PayPal links will be emailed to participants after registration has been confirmed.* **COST \$30**

Sat., June 12 **Ramps & Pathways (PRE)** **9:00-10:30am** **1.5 cr. hr.** **M. Schaeffer**

Ramps and Pathways is a STEM (science, technology, engineering, math) curriculum that involves inclined planes and movement of objects. Using a variety of materials such as cone moldings of different lengths and marbles, wooden eggs, toy cars, etc. of various shapes and sizes, children create structures to problem solve, test movements of objects, velocity, and other STEM related concepts. During this unique hands-on workshop opportunity, participants will utilize a Ramps & Pathways kit in their own classrooms, while learning about the concept. *This workshop is specifically designed for preschool teachers. SEE ENCLOSED FLYER FOR MORE DETAILS.*

Mon., June 14 **Healthy Smiles & Child Nutrition** **6:30-8:00pm** **1.5 cr. hr.** **L. Glaspie**

Participants will learn about the relationship between oral health and nutrition in young children. Early educators will explore healthier food and beverage choices, best practices in nutrition, and tips on talking to families. Participants will receive free materials for parent education and more. Healthy Smiles Grant participants are required to attend. This training is free to all early educators courtesy of the Delta Dental Foundation. **Cost: FREE**

Tues., June 15 **Infant/Toddler Brain Development (IT)** **6:30-8:00pm** **1.5 cr. hr.** **K. Green**

This workshop will focus on brain development in infants and toddlers. We will discuss brain development and architecture, the 3 types of stress infants/toddlers experience, along with the 7 infant needs that have been identified to support positive development. *This workshop is designed specifically for infant/toddler teachers.*

Tues., June 29 **ECE Career Readiness & Professionalism** **6:30-7:30pm** **1.0 cr. hr.** **M. Schaeffer**

During this workshop, participants will gain a better understanding of the benefits of a high-quality early childhood education, discuss short and long term goals, education options, careers, and resources in the ECE field.