



Smart Start Early Care and Education Training Calendar July– September 2021

● NEW HANOVER COUNTY ●

Registration fees: \$3 per credit hour (except CPR)

Registration is required: <https://www.newhanoverkids.org>

Workshop Topic Key:

IT: Infant/Toddler **PRE:** Preschool **FCCH:** Family Child Care Home **SE:** Social Emotional

Workshop Color Code:

Blue: in person at Smart Start

Red: virtual workshops via Zoom

Virtual Workshops:

- ◇ **DIRECTORS:** Please provide an email address for each person being registered for the workshop
- ◇ **One day prior to the workshop, registered participants will be emailed the link to join the Zoom workshop. Zoom links will NOT be reissued after 5pm the day of the workshop;** staff will not be available to assist after this time— so please plan to check your email prior to class starting. Due to credit hours being issued, participants may not share the Zoom link with others who have not registered.
- ◇ EACH participant must log into the class individually for attendance (no group log-ins under 1 person's link)
- ◇ Certificates will be mailed to the participant's place of employment at the end of the quarter
- ◇ **Be sure to always check your junk/spam email folder if you aren't seeing an email from us— then mark us as a 'Safe Sender'**

In Person Workshops:

- ◇ Seating is limited to 12 participants to maintain 6 ft. apart; masks are not required; all health and safety precautions are being taken
- ◇ **In observing CPR guidelines, sharing of equipment is prohibited and masks are required. Class size is limited to 6 participants.**

Mon., July 12	Fire Safety Part 2 Advanced	6:30-8:30pm	2.0 cr. hr.	W. Giannini-King
Learn the “why” behind fire and life safety codes as they pertain to your facilities. Learn tips and training ideas for staff that will help them identify and remedy risks and hazards before they arise. Additionally, as a class, we will develop outreach ideas for parents/caregivers to highlight safety in facilities and in our children's homes.				
Tues., July 13	Understanding Autism	6:30-8:30pm	2.0 cr. hr.	C. Smith
In this workshop, participants will learn the basics of autism spectrum disorder (ASD) as well as interventions and strategies that can be put in place to support children with ASD in the early childhood classroom.				
Wed., July 14	CPR & First Aid (Recertification)	6:30-8:30pm	0.0 cr. hr.	L. Glaspie
Wed., August 11	CPR & First Aid (Recertification)	6:30-8:30pm	0.0 cr. hr.	L. Glaspie
This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. <i>Class size is limited. Registration will be confirmed after proof of current certification is received and a PayPal link will be emailed to participants at that time.</i> DCDEE credit hours: 0.0 COST \$30				
Thurs., July 22	ITS SIDS	6:30-8:30pm	2.0 cr. hr.	K. Green
Sat., Aug. 21	ITS SIDS	9:00-11:00am	2.0 cr. hr.	M. Schaeffer
Thurs., Sept. 30	ITS SIDS	6:30-8:30pm	2.0 cr. hr.	K. Puzon
An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.				
Thurs., July 29	LENA Grow Information Session	7:00-8:00pm	1.0 cr. hr.	K. Green
Great opportunity for Infant/Toddler teachers! LENA Grow is a teacher-directed program that measures the amount of interactions along with the time of day they are occurring. Whether you are preparing for <i>ITERS-R</i> assessment or just looking for an effective way to measure interactions, LENA Grow is an easy way to cover that without adding stress. Best of all, this program is FREE to participate in! Join me for more information <i>This workshop is reserved for infant/toddler teachers, directors and FCCH providers only.</i> Cost: FREE				
Thurs., July 29	The Importance Of Empathy (SE)	6:30-8:00pm	1.5 cr. hr.	M. Schaeffer
During this virtual workshop, participants will better understand the meaning of empathy, how it differs from sympathy, identify signs of empathy in themselves, understand the importance of empathy in ECE, and view a variety of activities that foster empathy in the classroom.				
Mon., Aug. 2*	FLIP IT! part 1 (SE)	6:30-8:30pm	2.0 cr. hr.	K. Puzon & C. Smith
Mon., Aug. 9*	FLIP IT! part 2 (SE)	6:30-8:30pm	2.0 cr. hr.	K. Puzon & C. Smith
Mon., Aug. 16*	FLIP IT! part 3 (SE)	6:30-8:30pm	2.0 cr. hr.	K. Puzon & C. Smith
FLIP IT! is a four step strategy to address children's day to day challenging behavior. In this 3-part training, teachers will learn the teaching methods to implement FLIP IT! in their classrooms, and transform best practice into a strategy that is easy to remember and applicable in a variety of challenging situations. <u>FLIP IT! isn't just for children with challenging behaviors, but for all children in the classroom to learn how to appropriately regulate their emotions.</u> In addition to the workshop, follow-up TA will be available to help you implement the strategy in your classroom. FLIP IT is beneficial for children birth-5 yrs. *Participants must attend all 3 sessions parts to receive credit. DCDEE credit hours: 6.0 Cost: \$18				



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Tues., Aug. 24 **Challenging Behavior (SE)** **6:30-8:30pm** **2.0 cr. hr.** **C. Smith**

In this workshop, we will discuss challenging behavior in the early childhood setting. Participants will learn what causes challenging behavior, ways to collect data, and what interventions can be put into place.

Tues., Aug. 24 **Infant/Toddler Language & Communication Development (IT)** **6:30-8:30pm** **2.0 cr. hr.** **K. Green**

This workshop discusses what communication development looks like in 3 stages: young infants, mobile infants, and older infants. It will also include tools that caregivers can use to ensure they are meeting the needs of the children. *This workshop is designed specifically for infant/toddler teachers.*

Thurs., Aug. 26 **It's All About the Books! (FCCH)** **6:30-8:00pm** **1.5 cr. hr.** **N. Pond**

Take a fresh look at your reading center and learn new ways to enhance storytelling activities. Ideas and examples for using books to create lesson plans for all ages will also be shared.

Thurs., Sept. 9* **Prevention & Response to Emergencies Due to Food and Allergic Reactions**** **6:30-7:30pm** **1.0 cr. hr.** **L. Glaspie**

Participants will learn to recognize signs and symptoms of severe allergic reactions, including anaphylaxis. They will become familiar with proper storage and documentation for epinephrine auto-injectors, and learn proper response to allergic reactions and emergency follow-up procedures.

****This training does NOT prepare participants to give medication to children. Medication Administration Parts 1 & 2 should be taken by early educators who will be responsible for giving medication to children. *Participants must attend both topics to receive full credit.**

Thurs., Sept. 9* **Medication Administration part 1** **7:30-8:30pm** **1.0 cr. hr.** **L. Glaspie**

Participants will learn medication best practices in child care including receiving, documenting, storing, and disposing. They will learn NC Child Care Rules, types of medication, and the forms that are required to be completed before giving medication. This training does NOT prepare participants to give medication to children. Medication Administration Part 2 training must be taken by early educators who will be responsible for giving medication to children. DCDEE requires this training for anyone working in licensed child care. **Participants must attend both topics to receive full credit.*

Tues., Sept. 14 **Supporting Breastfeeding Families: A Guide for Early Care Providers** **6:30-8:30pm** **2.0 cr. hr.** **N. Escobar**

Many child care centers and providers find it challenging to provide support for breastfeeding mothers while the child is in their care. Come enhance your skills and knowledge and learn some tools for making this important time of life easier for your parents. Breastfeeding packets will be provided to the first 12 registered facilities, electronic or hard copy. Presented by Norma Escobar, WIC Breastfeeding Coordinator, NHC DHHS

Thurs., Sept. 16 **Playground Safety** **9:00am-1:00pm** **4.0 cr. hr.** **N. Pond**

Participation in this class meets playground safety training requirements. DCDEE rules and safety tips for outdoor play are included. **Cost: \$12**

Thurs., Sept. 16* **Medication Administration part 2a** **6:30-8:00 pm** **1.5 cr. hr.** **L. Gans**

Mon., Sept. 20* **Medication Administration part 2b** **6:30-8:00 pm** **1.5 cr. hr.** **L. Gans**

Participants will learn the six rights of medication administration and proper procedures for administration of medication including oral, inhalation, topical, instillation, and simple injection. They also learn about the administration of common emergency medications. An in-person return demonstration and skill check is required for successful completion of the training. Participants must provide proof of completion for Medication Administration Part 1 on or before Sept 1, 2021. DCDEE requires this training for anyone dispensing medication in licensed child care. Presented by Lisa Gans, DHHS-Child Care Health Consultant **Class size is limited to 12 participants AND they MUST attend both sessions to receive credit.*

DCDEE credit hours: 3.0 Cost: \$9

Tues., Sept. 21 **Changing Your Classroom Environment** **6:30-7:30pm** **1.0 cr. hr.** **K. Green**

When you walk into your favorite store, do you feel comfortable and relaxed? Your classroom environment should illicit those same feelings for you and your children. Our environment plays a huge role in our mood, production, and behavior. In this workshop, participants will discuss ways to create a pleasant and calm classroom environment and learn techniques that will promote order and engagement.

Wed., Sept. 22 **Pick Up That Stick!** **6:30-8:30pm** **2.0 cr. hr.** **N. Pond**

Waving sticks in the air, rough & tumble play, superhero play – these are all common themes in early childhood but are sometimes a source of concern for teachers and caregivers. Learn the reasons and benefits behind this type of play and gain skills to facilitate these activities in a developmentally appropriate way.

Thurs., Sept. 23 **Infant/Toddler STEM (IT)** **6:30-8:00pm** **1.5 cr. hr.** **M. Schaeffer**

During this virtual workshop, participants will gain an understanding of how infants, toddlers, and twos learn, the role of the caregiver, ways to enhance STEM learning in the class, and take away several valuable STEM activities to use within their classroom.

Sat., Sept. 25 **Community Resiliency Model (CRM) for Early Care Teachers** **9:00am-12:00pm** **3.0 cr. hr.** **M. Davis & K. Puzon**

Have you found yourself getting agitated quicker or fatigued for a longer period of time after a highly stressful/traumatic event? These experiences affect our nervous system and our day to day lives. CRM provides individuals with the knowledge and tools to help reset and stabilize the nervous system. Join us to learn the brain science behind traumatic events and the skills you can use to increase your resiliency and get back to your "Resilient Zone." **Cost: FREE**