



## Meetings with Matt

Join Matt- *virtually*- to ask him questions about your work as a teacher, director, or family child care teacher.

Pop-in with your question between the designated hour and then pop out. It's that simple!

Topics Matt can help with:

- \* how to access Moodle
- \* getting ready for assessment
- \* help with licensing rules/regulations
- \* COVID health and safety
- \* creating a schedule
- \* anything you want or need to know to help you!



**When:** every other Wednesday

**October 6th & 20th**

**November 3rd & 17th**

**December 1st & 15th**

**How:** go to Zoom website: <https://zoom.us/>

Click: Join a Meeting

Enter Meeting ID for the hour you're joining

**12:30-1:30pm**

OR

**6:30-7:30pm**

863 9615 3017

875 6504 8024

'Children will listen to you after they feel listened to.'

-Jane Nelson

## We Need Your Help With Our Virtual Trainings!

Virtual training registration is NOT complete until we are provided with each participant's email address.

Once a participant is registered for a training, an email from Matt Schaeffer is generated. This training confirmation email contains a Google Link for the class. Click the link and provide the information we need to fully complete the training registration process (name, email, phone #, center) for either yourself or each staff person registered.

One day prior to the training, registered participants will be emailed the link to join the Zoom training.

Zoom links will NOT be reissued

after 5pm the day of the training. Smart Start staff are not available to assist after this time- so please plan to check your email prior to 5pm the day of your training. Due to credit hours being issued, participants may not share the Zoom link with others who have not registered.

## In This Issue

- Child Care Health Consultant
- Training Certificates
- Registration for Virtual Workshops
- Child Care Health Consultant
- Meetings with Matt
- Director's Facebook Page
- Director Dialogues
- Training Calendar
- Staff Contact Info.

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## DCDEE Health and Safety Training Q&A

### How often do I have to complete Health & Safety training?

Child care providers have twelve months from their date of hire to complete the health and safety trainings and then five years to complete them again as part of on-going training requirements.

### Who is required to take the health and safety training?

- All licensed child care centers and family child care homes
- All N.C.G.S. 110-106 Religious Sponsored Programs operating with a Notice of Compliance and participating in the Subsidized Child Care Assistance Program
- All license exempt providers receiving CCDF funding

### What trainings are required?

- Prevention and control of infectious diseases, including immunizations
- Administration of medication, with standards for parental consent
- Prevention of and response to emergencies due to food and allergic reactions
- Building and physical premises safety, including identification of and protection from hazards that can cause bodily injury such as electrical hazards, bodies of water, and vehicular traffic
- Emergency preparedness and response planning for emergencies resulting from a natural disaster, or a human-caused event
- Handling and storage of hazardous materials and the appropriate disposal of bio-contaminants
- Precautions in transporting children, if applicable
- Prevention of shaken baby syndrome, abusive head trauma, and child maltreatment
- First Aid and CPR training (*renewal required according to certification date – not DCDEE 5 year timeframe*)
- Recognizing and reporting child abuse, child neglect, and child maltreatment
- Prevention of sudden infant death syndrome and use of safe sleeping practices.

**For more details and information, visit the DCDEE website:**

<https://ncchildcare.ncdhhs.gov/Provider/Training-and-Professional-Development/Training-Requirements/Health-and-Safety-Training-FAQs>

## Training Certificates

Due to the amount of virtual workshops we offer, we send certificates of completion to the attendee's program at the end of the quarter.

This helps us to save money on postage as well as staff time after each workshop.

However, if you need a certificate for your compliance/monitoring visits, feel free to contact Matt to make arrangements.

**Thanks for your understanding.**

**Directors:** a private  Facebook group, **Smart Start of NHC: Early Childhood Directors**, was created for you. This page provides a place for administrators to network, ask questions of each other and coordinate efforts to better serve the children in their program. In addition, the Smart Start ECE team will share news and events, and help you with questions you may have about our services.

We hope you join to keep in touch! Find us on Facebook: <https://www.facebook.com/groups/ECEofNHC/>



## Directors...

...Looking for a way to meet other directors, network, get ideas, or share frustrations?

We're still facilitating our Director Dialogues—*just via Zoom!*

Join other directors for the next meeting on **Tuesday, Nov. 9 at 12:00pm**

A Zoom link will be emailed prior to the meeting. No planned agenda, and no RSVP needed, log on to chat!

For more information or questions, contact Natalie Pond.

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### ...share our newsletter and training calendar with your staff.

- \* post them in the staff breakroom (do staff know if the newsletter and training calendar are posted and where?)
- \* email them to staff
- \* provide a copy to each classroom or teacher or provide them with our website address to view the training calendar
- \* encourage staff to decide which training(s) he/she would like to register for
- \* remember that classes fill quickly. It's important to register online early.

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**Be sure to always check your junk/spam email folder if you aren't seeing an email from us— then mark us as a 'Safe Sender'.**

## New Hanover County now has 2 Child Care Health Consultants (CCHC)

**LaKeasha Glaspie now serves as a CCHC housed with Smart Start.** She will be dedicated to educating family child care homes and centers on health and safety issues, as well as providing training. If you have a question about handwashing, diapering, health and safety protocols, infectious diseases, physical activity, or nutrition, contact LaKeasha.

**The NHC Department of Health and Human Services** continues to have a CCHC who will specialize in assisting you with your COVID questions, working with children that have a special care health need (feeding tube, etc.) or medication administration.

## Infants, Toddlers and Nature Play

Infants and toddlers love outside time too! Here are some tips from NAEYC to include infants and toddlers in nature play.

- Let baby crinkle dry leaves on the ground. Crunch the leaves with baby as they enjoy the sound.
- Pick up twigs for baby to manipulate.
- Blow bubbles in the wind.
- Make sounds with what you find outside. Try tapping acorns, walnuts, or twigs together and invite baby to join in.
- Touch tree bark and describe how it feels to baby (rough, smooth, bumpy, scratchy).
- Stand your barefoot baby on soft grass or moss. Encourage baby to touch the grass or moss with fingers, too.

Have older children interested in nature explorations? **Check out our "Outdoor Explorer" theme box available in the Smart Start Resource Room.** Use our new library site to reserve this theme box and more! See details below.

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### The Smart Start Resource Room Library Now Has a Website!

You can use our website to look up what theme boxes are currently available for checkout, place holds on and renew items!

Visit <https://newhanoverkids.library.site/> to browse the resources available to you— teachers and directors!

**Contact Dayla to learn more about our new library system and to become a Resource Room member for your child care program!**



Smart Start of New Hanover County  
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Wilmington, NC 28412

Address Service Requested

## WE ENCOURAGE YOU TO SHARE OUR NEWSLETTER AND TRAINING CALENDAR WITH ALL STAFF

### Smart Start Early Care and Education Staff

**Mindy Davis:** Early Care and Education Manager  
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**LaKeasha Glaspie:** Physical Activity & Nutrition Consultant  
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**Krista Green:** Child Care Resource & Referral Consultant  
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**Dayla Mendez:** Child Care Resource & Referral Specialist  
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**Natalie Pond:** Child Care Resource & Referral Consultant  
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**Kelly Puzon:** Behavior & Inclusion Support Consultant  
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**Matt Schaeffer:** Child Care Resource & Referral Consultant  
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**Cody Smith:** Behavior & Inclusion Support Consultant  
cody.smith@newhanoverkids.org

If you would like to receive our newsletter electronically, send us an email letting us know.

## Contact Us

### Smart Start of New Hanover County

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