



Smart Start Early Care and Education Training Calendar January - March 2022

• NEW HANOVER COUNTY •

Registration fees: \$3 per credit hour (except CPR) **Registration is required: <https://www.newhanoverkids.org>**

Workshop Topic Key:

IT: Infant/Toddler **PRE:** Preschool **FCCH:** Family Child Care Home **SE:** Social Emotional

Workshop Color Code:

Blue: in person at Smart Start **Red:** virtual workshops via Zoom

Virtual Workshops:

- ◇ **DIRECTORS:** Please provide an email address for each person being registered for the workshop
- ◇ **One day prior to the workshop, registered participants will be emailed the link to join the Zoom workshop. Zoom links will NOT be reissued after 5pm the day of the workshop;** staff will not be available to assist after this time— so please plan to check your email prior to class starting. Due to credit hours being issued, participants may not share the Zoom link with others who have not registered.
- ◇ EACH participant must log into the class individually for attendance (no group log-ins under 1 person's link)
- ◇ Certificates will be mailed to the participant's place of employment at the end of the month
- ◇ **Be sure to always check your junk/spam email folder if you aren't seeing an email from us— then mark us as a 'Safe Sender'**
- ◇ **NEW in '22 Class Participation:**
 - *Cameras **MUST** be on and you must be in the camera frame for the duration of the workshop
 - *You must be at a stationary location (no shopping, cooking, driving, etc.) to minimize distraction for others
 - *Be prepared to actively participate during the training. From time to time during the class, you'll be asked to share ideas or thoughts. Be prepared to turn on your mic to speak, or share in the chat box.

In Person Workshops:

- ◇ Masks are optional for in-person trainings.
- ◇ **In observing CPR guidelines, sharing of equipment is prohibited and masks are required. Class size is limited to 6 participants.**

January 1– March 31 Back to Basics! Self-Paced 2.5 cr. hr.

Whether you are a new teacher or a seasoned pro, this course is for you! This course is full of important tips and tricks of the trade that will prove to be vital in any successful classroom. Participants will work at their own pace to complete the course while discovering new approaches to all things early childhood educators do best. Expand your toolbox in areas of social emotional development, getting your environment ready and more. **Cost: \$9**

Wed., Jan. 19 Child Care Health Consultation Information Session 6:30-7:30pm 1.0 cr. hr. L. Glaspie

Come learn about the new child care health consultation services available in New Hanover & Pender Counties. Participants will have the opportunity to meet the new Child Care Health Consultant and discuss training and technical assistance opportunities related to health and safety including nutrition, physical activity, infectious diseases and more. *This workshop is specifically for providers in New Hanover and Pender Counties.* **Cost: FREE**

Thurs., Jan. 20 Challenging Behavior SE 6:30-8:30pm 2.0 cr. hr. C. Smith

In this workshop, we will discuss challenging behavior in the early childhood setting. Participants will learn what causes challenging behavior and what interventions can be put into place to help your classroom run smoother.

Thurs., Jan. 13 ITS SIDS 6:30-8:30pm 2.0 cr. hr. K. Green

Thurs., Feb. 24 ITS SIDS 6:30-8:30pm 2.0 cr. hr. M Schaeffer

Mon., March 28 ITS SIDS 6:30-8:30pm 2.0 cr. hr. K. Puzon

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.

Mon., Jan. 24* & Wed., Jan. 26* CPR & First Aid (Initial Certification) 6:30-8:00pm 0.0 cr. hr. L. Glaspie

This training teaches early childhood educators and others how to respond to and manage illness and injuries to a child or infant during the first few minutes until professional help arrives. **Participants must attend both sessions. Class size is limited.* **Cost: \$40**

Thurs., Jan. 27 Fostering Relationships with Children and Families 6:30-8:00pm 1.5 cr. hr. M. Schaeffer

Are you looking for ways to help children and families feel invited and secure not only at drop off, but throughout the day? Join me and explore ways to welcome families and effectively communicate with them while their children are in your care.

Mon., Jan. 31 Pyramid Model Overview SE 6:30-8:30pm 2.0 cr. hr. K. Puzon

The Pyramid Model is an evidenced based, public health model, grounded in research. This model is a framework of how to support all children through the social emotional lens, and provides a set of evidenced based strategies teachers can readily use in their classrooms. Participants will get a brief overview of the entire model, as well as a look at the free resources available on their website.



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- Mon., Feb. 7** **CPR & First Aid (Recertification)** **6:30-8:30pm** **0.0 cr. hr.** **L. Glaspie**
This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. *Class size is limited.* **Cost: \$30**
- Thurs., Feb. 10** **Using the FCCERS-R** **FCCH** **6:30-8:30pm** **2.0 cr. hr.** **N. Pond**
This training will assist family childcare providers in using the FCCERS-R to improve and maintain quality, prepare for an assessment, and/or complete a 3-month self-study. **Participants are asked to have a copy of the FCCERS-R book available to use during the training.**
- Thurs., Feb. 17** **Tracking Behavior** **SE** **6:30-8:30pm** **2.0 cr. hr.** **C. Smith**
Have you ever asked yourself *why* a child is acting a certain way? In this workshop, participants will learn about behavior, and how to observe and collect data on a behavior. Participants will also learn how interpret behavior data to put the proper interventions in place.
- Wed., Feb. 23** **Rethinking Interactions** **6:30-8:30pm** **2.0 cr. hr.** **K. Green**
Interactions play a crucial role in teaching young children. In this workshop, we will discuss when interactions should be occurring, how quality interactions look, and the why behind the importance of them. Participants will leave with helpful techniques to add to their tool kit.
- Mon., Feb. 28** **Tools to Teach Social Emotional Skills Throughout the Day** **SE** **6:30-8:30pm** **2.0 cr. hr.** **K. Puzon**
Preschool children need to be intentionally taught social emotional skills in order to develop them. There are many opportunities all throughout the school day that can be used to do this intentional teaching. This workshop will provide participants with information on how social-emotional skills are best taught and strategies to teach these skills throughout the day. Examples of materials that will help you teach social skills will be shared.
- Tues., March 1*** **Prevention & Control of Infectious Diseases** **6:30-7:30pm** **1.0 cr. hr.** **L. Glaspie**
Participants will learn about infectious diseases, how they are spread, and how to prevent and control the spread. The importance of immunizations, proper hygiene, and sanitation routines, how to recognize ill children, and when to exclude children from care will also be covered. **Participants will also complete the Stay Healthy, Stay Clean: Sanitation Module workshop.*
- Tues., March 1*** **Stay Healthy, Stay Clean: Sanitation Module** **7:30-8:30pm** **1.0 cr. hr.** **L. Glaspie**
Participants will learn the difference between cleaning, sanitizing, and disinfecting. They will also learn how to clean, sanitize and disinfect, and when to clean common items in child care such as sleep areas, play areas, food areas, handwashing sinks, and toileting and diapering areas. Participants learn common sources of violations and issues to avoid. **Participants will also complete the Prevention & Control of Infectious Diseases workshop.*
- Thurs., March 3** **Curriculum Planning for Infant & Toddler Environments** **IT** **6:30-8:30pm** **2.0 cr. hr.** **N. Pond**
In this training we will discuss how to plan learning opportunities and activities for infants and toddlers, with a focus on the 5 Domains within the NC Foundations for Early Learning & Development. Participants are encouraged to bring an example of their lesson plan and/or share sample activities that have been useful in their program. *This workshop is designed specifically for infant/toddler teachers.*
- Tues., March 8** **Changing Our Classroom Environment** **6:30-8:30pm** **2.0 cr. hr.** **K. Green**
Our environment plays a huge role in our mood, production, and behavior. In this workshop, participants will learn techniques that will help promote calmness and order in their classroom by discussing changes that can be made to the environment.
- Wed., March 9** **Supporting Breastfeeding Families: A Guide for Early Care Providers** **6:30-8:30pm** **2.0 cr. hr.** **N. Escobar**
Many child care centers and providers find it challenging to provide support for breastfeeding mothers while the child is in their care. Come enhance your skills and knowledge and learn some tools for making this important time of life easier for your parents. Breastfeeding packets will be provided- electronic or hard copy. Presented by Norma Escobar, WIC Breastfeeding Coordinator, NHC DHHS
- Thurs., March 17** **Let's Play! Learning to Integrate Social-Emotional Skills through Play** **SE** **6:30-8:30pm** **2.0 cr. hr.** **C. Smith**
This workshop will show participants many ways to teach social and emotional skills through play. During the workshop, participants will have many hands-on opportunities to practice these play skills. Participants will also discuss relationship building between children, teachers, and peers.
- Thurs., March 24** **ECERS-R Overview** **PRE** **6:30-8:30pm** **2.0 cr. hr.** **M. Schaeffer**
This workshop is designed for early childhood educators working with children 3 to 5 years of age. Participants will gain knowledge of the terms used throughout the scale, the scoring system, and review the items and indicators which are commonly low scoring. **Participants are asked to have a copy of the ECERS-R book available to use during the training.**
- Wed., March 23** **Overview of NC Foundations for Early Learning & Development** **6:30-8:30pm** **2.0 cr. hr.** **N. Pond**
This course will provide participants with a refresher on the NC Foundations, including how they are structured and how to implement them in early childhood settings. Participants will gain knowledge in using the NC Foundations to support children's learning and development while creating and implementing lesson plans. **Participants are asked to bring a copy of the NC FELDS book to the training.**