



• NEW HANOVER COUNTY •

# EARLY CARE AND EDUCATION NEWS

Smart Start Early Care and Education Newsletter

July– September 2022

## Tips for Sunscreen Safety



- ⇒ Treat sunscreen as any other medication would be treated.
- ⇒ Sunblock must be stored like any other over the counter medication. Use only the sunscreen bottle provided by that child's parents and labeled with that child's name.
- ⇒ Wash hands after applying sunscreen to each child.
- ⇒ Sunscreen should be applied 30 minutes before going outside. Reapply every two hours for proper protection when outdoors & more often when swimming or water play.
- ⇒ Consider having parents apply sunscreen at drop off if the class enjoys early morning outdoor time and going outside will occur within two hours.
- ⇒ Sunscreen in aerosol cans is **not** recommended (lotion is preferred). If aerosol is used:
  - ⇒ It must be kept in locked storage (see NC Child Care Sanitation Rules)
  - ⇒ It should be applied outdoors as it may pollute indoor air, and away from wind.
- ⇒ Make sure you have all the up-to-date medication forms that are available on the **NC Child Care Health & Safety Resource Center site\***.
  - ⇒ Medication Administration Checklist
  - ⇒ Medication Administration Poster
  - ⇒ Sample Medication Policy
  - ⇒ Medication Administration Permission for Over-the-Counter Topical Medications and Fluoridated Toothpaste
  - ⇒ Medication Error Report

**For technical assistance with medication administration**, contact one of your local CCHCs. They have many resources and can work with child care programs to develop strategies, areas for improvement, and a quality improvement plan.

### LaKeasha Glaspie, CCHC

Smart Start of NHC  
910-815-3731  
[lakeasha.glaspie@newhanoverkids.org](mailto:lakeasha.glaspie@newhanoverkids.org)

### Crystal Demaree, RN

NHC DHHS  
910-798-6360  
[cdemaree@nhcgov.com](mailto:cdemaree@nhcgov.com)

**\*NC Child Care Health & Safety Resource Center**

<https://healthychildcare.unc.edu>

“Children are not things to be molded, but are people to be unfolded.”

-Jess Lair

## In This Issue

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- Save the Date
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## Save the Date

**Saturday, October 15 9:00am-4:00pm**

### Early Childhood Symposium\*

Being an early childhood educator can be stressful!  
Join fellow educators for a day of relaxation, rejuvenation,  
and learning strategies for being resilient.

Learning sessions will teach you about brain development, calm down techniques, and resetting your nervous system when you become stressed.

Watch your mailbox for more details in August!

\*DCDEE credit hours will be awarded

### Training Certificates

Due to the amount of virtual workshops we offer, we send certificates of completion to the attendee's program at the end of each month.

This helps us to save money on postage as well as staff time after each workshop.

However, if you need a certificate for your compliance/monitoring visits prior to the end of the month, feel free to contact Matt to make arrangements.

**Thanks for your understanding.**

### Behavior & Inclusion Support (BIS) Program

Social/emotional development is the focus of Smart Start's BIS program. BIS consultants, **Kelly Puzon & Cody Smith**, provide support, strategies, and coaching to teachers and children who may be having some difficulty. Using a variety of research-based tools and tips, they can help you create an environment to ease the stress of those challenging behaviors! Cody and Kelly also teach workshops about social/emotional development and how to help children learn to manage their emotions.

#### How does BIS work?

- Referrals are made to BIS by directors or teachers requesting a visit to observe the classroom or a specific child (with parent permission).
- BIS consultants then provide feedback to the teacher about the observation and share ideas, resources and strategies that can be implemented to improve classroom management or provide support for an individual child.
- Ongoing support and coaching is offered as long as necessary; teachers/directors work with the consultants to implement changes.
- BIS is most effective with continual visits over the course of weeks or months. It is not a service to use as a last resort before expulsion is being considered.

**If you're having trouble with your discipline techniques or are concerned about a particular child's development, Cody and Kelly can help!**

[kelly.puzon@newhanoverkids.org](mailto:kelly.puzon@newhanoverkids.org)

[cody.smith@newhanoverkids.org](mailto:cody.smith@newhanoverkids.org)

**Directors:** a private  Facebook group, **Smart Start of NHC: Early Childhood Directors**, was created for you. This page provides a place for administrators to network, ask questions of each other and coordinate efforts to better serve the children in their program. In addition, the Smart Start ECE team will share news and events, and help you with questions you may have about our services.

We hope you join to keep in touch! Find us on Facebook:  
<https://www.facebook.com/>



## Directors...

...Looking for a way to meet other directors, network, get ideas, or share frustrations?

We're facilitating our Director Dialogues— *via Zoom!*

Join other directors for the next meetings on **Wed., August 3rd and Tues., Sept. 27th @ noon.**

A Zoom link will be emailed prior to the meeting. No planned agenda, and no RSVP needed, Just log on to chat!

For more information or questions, contact Natalie Pond.

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### ...share our newsletter and training calendar with your staff.

- \* post them in the staff breakroom (do staff know if the newsletter and training calendar are posted and where?)
- \* email them to staff
- \* provide a copy to each classroom or teacher or provide them with our website address to view the training calendar
- \* encourage staff to decide which training(s) he/she would like to register for
- \* remember that classes fill quickly. It's important to register online early.

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**Be sure to always check your junk/spam email folder if you aren't seeing an email from us- then mark us as a 'Safe Sender'.**

## Resource Room: Featured Theme Box:

### "Save the Children"

Our **"Save the Children"** theme box can help you introduce emergency/disaster preparation and response in your classroom. Build up feelings of safety and security by teaching children about emergencies, the community helpers available and general safety plans.

How can you use the materials in your classroom?

- Help children recognize the community helpers that respond to emergencies with our firefighter, police, and doctor dress-up sets and puppets. Help children understand that there are caring adults they can trust and who work to keep them safe.
- Use the flashlight, blanket, radio, and play canned food to talk about go-bags and safety plans in place in children's homes and in your classroom.
- Use the books provided to identify and talk through common feelings, such as being anxious or scared during storms.

### What other theme boxes are available in the Smart Start Resource Room?

Going Buggy	Space	Under the Sea
Infants & Toddlers	STEM	Things that Go
Outdoor Explorer	Movement	Kindness
Healthy Smiles	Farm to ECE	Dinosaurs
Community Helpers	All About Me	

### Interested in any of the theme boxes listed above?

You can use our website to look up what theme boxes are currently available for checkout, place holds on and renew items!

Visit <https://newhanoverkids.library.site/> to browse the resources available to you— teachers and directors!

**Contact Dayla to learn more about our new library system and to become a Resource Room member for your child care program!**

[dayla.mendez@newhanoverkids.org](mailto:dayla.mendez@newhanoverkids.org)

910.815.3731 ext. 1015



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Address Service Requested

## WE ENCOURAGE YOU TO SHARE OUR NEWSLETTER AND TRAINING CALENDAR WITH ALL STAFF

### Smart Start Early Care and Education Staff

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If you would like to receive our newsletter electronically, send us an email letting us know.

## Contact Us

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