



Smart Start Early Care and Education Training Calendar July - September 2022

● NEW HANOVER COUNTY ●

Registration fees: \$3 per credit hour (except CPR) **Registration is required: <https://www.newhanoverkids.org>**

Workshop Topic Key:

IT: Infant/Toddler **PRE:** Preschool **FCCH:** Family Child Care Home **SE:** Social Emotional **HS:** Health & Safety

Workshop Color Code:

Blue: in person at Smart Start **Red:** virtual workshops via Zoom

Virtual Workshops:

- ◇ **DIRECTORS:** Please provide an email address for each person being registered for the workshop. This will ensure they receive workshop updates.
- ◇ **One day prior to the workshop, registered participants will be emailed the link to join the Zoom workshop. Zoom links will NOT be reissued after 5pm the day of the workshop;** staff will not be available to assist after this time— so please plan to check your email prior to class starting. Due to credit hours being issued, participants may not share the Zoom link with others who have not registered.
- ◇ **Class Participation:** certificates will not be issued if the following aren't adhered to:
 - ***Cameras MUST be on** and you must be in the camera frame for the duration of the workshop
 - ***You must be at a stationary location** (no shopping, cooking, driving, etc.) to minimize distraction for others
 - ***Be prepared to actively participate** during the training. From time to time during the class, you'll be asked to share ideas or thoughts. Be prepared to turn on your mic to speak, or share in the chat box.
 - *EACH participant must log into the class individually for attendance (no group log-ins under 1 person's link)

In Person Workshops:

- ◇ **DIRECTORS:** Please provide an email address for each person being registered for the workshop. This will ensure they receive workshop updates.
- ◇ Masks are optional.
- ◇ **In observing CPR guidelines, sharing of equipment is prohibited and masks are required. Class size is limited to 6 participants.**

July 1– Sept. 30 Back to Basics! Self-Paced 2.5 cr. hr.

Whether you are a new teacher or a seasoned pro, this course is for you! This course is full of important tips and tricks of the trade that will prove to be vital in any successful classroom. Participants will work at their own pace to complete the course while discovering new approaches to all things early childhood educators do best. Expand your toolbox in areas of social emotional development, getting your environment ready and more. **Cost: \$9**

July 1– Sept. 30 Social Emotional Learning in the Early Childhood Setting SE Self-Paced 3.0 cr. hr.

Social emotional development is vital for a child's success in life, and it begins at birth. This course will provide participants with information on supporting social emotional development in infants through preschoolers as well as how to plan activities that align with NC Foundations. Strategies to teach skills, set up your classroom for success, and more will be shared throughout this course. **Cost: \$9**

Thurs., Aug. 4	ITS SIDS	6:30-8:30pm	2.0 cr. hr.	K. Green
Mon., Aug. 29	ITS SIDS	6:30-8:30pm	2.0 cr. hr.	K. Puzon
Mon., Sept. 26	ITS SIDS	6:30-8:30pm	2.0 cr. hr.	M. Schaeffer

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.

Tues., Aug. 2 Challenging Behavior SE 6:30-8:30pm 2.0 cr. hr. C. Smith

In this workshop, we will discuss challenging behavior in the early childhood setting. Our guest speaker, Dr. Linda Ikke, will discuss what causes challenging behavior in young children. Participants will learn how to implement strategies and interventions to help decrease challenging behavior in the classroom.

Mon., Aug. 8 Calling All Smile Crusaders! & Brushing is Fun! HS 6:30-8:30pm 2.0 cr. hr. L. Swarts

Baby teeth are important! Beginning when the first tooth emerges, child care administrators, caregivers, educators, and staff play an important role in young children's oral health. Hear the latest on early childhood oral health. If you work with young children or their parents, you'll want to know this basic information and how you can help prevent tooth decay. 'Brushing is Fun!' combines early oral health best practices and sanitation guidelines giving child care programs the information they need to establish a tooth brushing routine in the classroom. *Presented by Linda Swarts, NC Department of Public Health*



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Tues., Aug. 9 **Domestic Violence: Impacts on Children HS** 6:30-8:30pm 2.0 cr. hr. **A. Stough**

This workshop is designed to teach strategies to support children impacted by domestic violence. We will learn about the impact domestic violence has on children and explore ways to support children in a child care setting. Information will also be provided regarding resources for families. Presented by Andrea Stough, Outreach Coordinator– Domestic Violence Shelter

Thurs., Aug. 11 **Fostering Creative Art in the Classroom** 6:30-8:00pm 1.5 cr. hr. **M. Schaeffer**

This training will help teachers understand the importance of art activities, how they can affect children’s creativity, and provide pointers for setting up an art center. **Cost: \$6**

Thurs., Aug. 18 **Tracking Behavior SE** 6:30-8:30pm 2.0 cr. hr. **C. Smith**

Have you ever asked yourself why a child is acting a certain way? Learning how to observe, collect, and interpret behavior data in order to place the appropriate interventions is key to understanding challenging behavior and its function. Participants will practice how to observe and track behavior during this workshop. Having these tools will allow the teacher to understand a child’s behavior and what strategies to use to help him.

Tues., Aug. 23 **Building a Community of Outdoor Play** 6:30-8:30pm 2.0 cr. hr. **N. Pond**

Are you interested in increasing the potential of your outdoor environment or discovering new ways to create outdoor learning opportunities? Would you like to connect with other teachers who are interested in an ongoing commitment to using their outdoor play areas? If so, join us for this session as we review best practice, tips for success, and fun ideas to add to your activity plans. Whether you are new to outdoor learning or an experienced outdoor play provider, this session has something for you.

Thurs., Sept. 1 **Taming the Transitions FCCH** 6:30-8:30pm 2.0 cr. hr. **N. Pond**

From navigating the daily schedule to practicing newly learned skills, children are constantly going through a variety of transitions. We will discuss strategies to ease some of these situations, including moving from one activity to the next and supporting self-help skills such as feeding and toilet learning. *For Family Child Care and Centers in a Residence only.*

Tues., Sept. 13 **Lesson Planning with the SS Resource Room** 6:30-8:30pm 2.0 cr. hr.
D. Mendez & M. Schaeffer

This interactive, hands-on introduction to the Resource Room will allow early childhood educators working with children ages 3-5 to collaborate and create a lesson plan while taking full advantage of the materials and services offered with a RR membership. Participants will learn about the various teacher resources and how to use them to create and supplement their lesson plans. Time will be provided for participants to get a new membership (\$5), or renew an existing membership, so that they may check out resources. *Participants do not need to have a membership to attend this workshop.*

Tues., Sept. 13 part I* **Medication Administration in Child Care (including skills) HS** 6:30-8:30pm 2.0 cr. hr.

Thurs., Sept. 15 part II* **Medication Administration in Child Care (including skills) HS** 6:30-8:30pm 2.0 cr. hr.

C. Demaree & L. Glaspie

Participants will learn medication best practices in child care as well as NC Child Care Rules, types of medication, and the forms that are required to be completed before giving medication. This training includes a review of the Medications in Child Care training and practice of the skills needed to safely administer medication to child. **This training should be taken by anyone in the facility who will be administering medication to children. Cost: \$12 *Must attend both sessions for credit.**

Tues., Sept. 20 **CPR & First Aid (Recertification)** 6:30-8:30pm 0.0 cr. hr. **L. Glaspie**

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. *Class size is limited.* **Cost: \$30**

Sat., Sept. 24 **Co-Teaching 101** 9:30-11:30am 2.0 cr. hr. **K. Green**

Relationships between co-teachers play a crucial role in a successful classroom. This workshop will discuss the ‘why’ behind the importance of positive relationships as well as provide helpful techniques. Participants will have time to develop an action plan they can take back to use with their teaching teams.

Thurs., Sept. 29 **Why Won't They Just Calm Down? SE** 6:30-8:30pm 2.0 cr. hr. **K. Puzon**

This workshop will focus on the importance of intentionally teaching calming and self-regulation skills to children in your classroom. When we make this a regular part of our teaching and our classrooms, it not only teaches children a valuable life skill they need, but also reduces challenging behaviors in our classroom.