



# Smart Start Early Care and Education Training Calendar July - September 2023

• NEW HANOVER COUNTY •

**Registration fees: \$3 per credit hour (except CPR)**      **Registration is required: <https://www.newhanoverkids.org>**

Workshop Topic Key:

**IT:** Infant/Toddler    **PRE:** Preschool    **FCC:** Family Child Care    **SE:** Social Emotional    **HS:** Health & Safety

Workshop Color Code:

**Blue:** in person at Smart Start      **Red:** virtual/online workshop

**July 1– Sept. 30      Back to Basics!      Self-Paced      2.5 cr. hr.**

Whether you are a new teacher or a seasoned pro, this course is for you! This course is full of important tips and tricks of the trade that will prove to be vital in any successful classroom. Participants will work at their own pace to complete the course while discovering new approaches to all things early childhood educators do best. Expand your toolbox in areas of social emotional development, getting your environment ready and more. **Cost: \$9**

**July 1– Sept. 30      Social Emotional Learning in the Early Childhood Setting    SE      Self-Paced    3.0 cr. hr.**

Social emotional development is vital for a child’s success in life, and it begins at birth. This course will provide participants with information on supporting social emotional development in infants through preschoolers as well as how to plan activities that align with NC Foundations. Strategies to teach skills, set up your classroom for success, and more will be shared throughout this course. **Cost: \$9**

<b>Mon., July 31</b>	<b>ITS SIDS</b>	<b>6:30-8:30pm</b>	<b>2.0 cr. hr.</b>	<b>C. Demaree</b>
<b>Tues., Aug. 29</b>	<b>ITS SIDS</b>	<b>6:30-8:30pm</b>	<b>2.0 cr. hr.</b>	<b>K. Smith</b>
<b>Sat., Sept. 9</b>	<b>ITS SIDS</b>	<b>10:00am-12:00pm</b>	<b>2.0 cr. hr.</b>	<b>K. Puzon</b>

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.

**Thurs., Aug. 3      CPR & First Aid      6:30-8:30pm    0.0 cr. hr.      L. Glaspie**

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. Class size is limited. **Cost: \$40**

**Thurs., Aug. 10      Developmental Monitoring & Screening    6:30-8:30pm    2.0 cr. hr.      K. Puzon**

We know that monitoring and screening in early childhood early care and education settings is critical to identifying children at risk for developmental delays. What is less known is how programs use developmental monitoring and screening tools and ways educators talk with families about their children's growth and development. This training will help participants understand the differences in developmental monitoring and screening and why they are so important to children and families. Participants will learn how they can track and celebrate children’s milestones and strategies for collaborating with families on supporting children's healthy growth. You can play an essential role in our state’s early intervention efforts!

**Mon., Aug. 21      Allergies, Anaphylaxis, and Emergency Treatment in Child Care    HS    6:30-8:30pm    2.0 cr. hr.    C. Demaree**

Participants will learn about allergies and common allergens, how to reduce the risk of developing allergies and reduce exposure to allergens, to recognize signs and symptoms of severe allergic reactions, including anaphylaxis, become familiar with proper storage and use of epinephrine auto-injectors, how to follow emergency follow up procedures, and about required documentation.

**Sat., Aug. 26      Ready, Set, Cook for Family Child Care!\*    FCC    10:00am-12:00pm    2.0 cr. hr.    L. Glaspie & N. Pond**

We have a special treat for you! Family child care providers are often multitasking, and preparing food while supervising children is one of those times. At this training, we will discuss strategies for meal preparation and ideas for child-friendly, cost-effective menu planning. You'll also have the opportunity to cook in the teaching kitchen with Chef John & Morgan King! *This training is for FCC & Center in a Residence only, class size is limited.* \*Location: **NHC Cooperative Extension- Teaching Kitchen & Classroom 6206 Oleander Dr, Wilmington 28403.**

**Wed., Aug. 30      Family Partnerships      6:30-8:30pm    2.0 cr. hr.      N. Pond**

Children in our classrooms come with parents and families; this can sometimes be a challenge. This workshop will give educators concrete ideas for working with parents and families. Topics will include building relationships with families, strategies for on-going communication, and tips for handling difficult situations.

**Wed., Sept. 13      Upgrade Your Story Time!      6:30-8:00pm    1.5 cr. hr.      K. Smith**

Beyoncé never lies; it’s time to upgrade story time! Find yourself flipping through a storybook but with no child participation? Let’s switch it up and get introduced to a fun and new way for you and your children to benefit the most from group story time. With these upgrades, you will leave knowing key techniques to use and will have hands-on practice. *This workshop is designed specifically for preschool teachers.*

**Thurs., Sept. 28      Developmentally & Age Appropriate Behaviors That Challenge    SE    6:30-8:30pm    2.0 cr. hr.      K. Puzon**

Young children do an incredible amount of developing in the first years of life, more than any other period in their life. During these early years, they learn to walk, talk, play, potty, explore their world, and learn about cause and effect- just to name a few. This rapid development and growth does not come without challenges. During this workshop, we will talk about behaviors that are developmentally and age appropriate but also challenging, and strategies to appropriately address these behaviors.