



• NEW HANOVER COUNTY •

## EARLY CARE AND EDUCATION NEWS

Smart Start Early Care and Education Newsletter

October - December 2023

### NC CRUNCH!

Celebrate Farm to School Month with a local produce *crunch*  
heard 'round the state!

**What:** Celebrate Farm to School Month in October with a local produce crunch heard 'round the state! Taste and learn about North Carolina-grown fruits and veggies, and thank all those involved in feeding our communities.

**Who:** Kids and adults can crunch with their schools, early care and education sites, organizations, families, and communities.

**When:** Crunch on **Wednesday, October 18, 2023** at noon, or any time during the month of October.

**How:** Sign up to participate at [www.growing-minds.org/north-carolina-crunch](http://www.growing-minds.org/north-carolina-crunch) to receive a free guide with tips and resources.



**Share** about your #NCCrunch on social media. Tag @F2SCoalitionNC and @NCFarmtoPreschool.

“Every  
child is  
born a  
genius.”

-Buckminster  
Fuller

### Did you know?

- ⇒ We provide 2 training certificates : 1 for you to keep for your professional portfolio AND 1 to provide to your employee for your personnel file
- ⇒ Food and drink are welcome at our workshops. We know you're likely coming straight from work and we want you to be comfortable and present while you're with us. We just ask that you clean up after yourself.
- ⇒ Can't get to our Resource Room during our 8am-5pm work hours? We're happy for you to stop by on nights we hold workshops for you to come after work hours. OR we can pick-up or drop-off items you need. Just call us to make arrangements. We're here to support you!
- ⇒ Is PayPal giving you trouble and you can't pay for a workshop? Call us- we can help you resolve the issue. Don't wait until the last minute to pay for a class.
- ⇒ Our workshop registration closes 1 day before a workshop. Don't wait until the last minute to register! We do not accept walk-ins for a workshop.

### In This Issue

- CPR Updates
- NC Crunch!
- Workshop News
- Director's Facebook Page
- Director Dialogues
- Training Calendar
- BCC Nominations Form
- Family Festival Flyer
- Staff Contact Info.

## Updates to CPR & First Aid Classes

Recently, we've had to adjust the way we provide CPR 1<sup>st</sup> Aid classes to early educators.

- We're limiting the number of CPR 1st Aid classes and will only offer them on Saturdays for the foreseeable future.
- If you're in need of training, but unable to attend class at SSNHC, below are other local providers you may want to contact:

### Jaclyn Yeager

910-787-1632

email: [jaclyn@happyheartscpr.com](mailto:jaclyn@happyheartscpr.com)

[www.happyheartscpr.com/course-calendar](http://www.happyheartscpr.com/course-calendar)

### Sheila Youngblood- Think First Safety

910-795-6651

<http://thinksafetyllc.com/>

### CPR Stat

910-793-9500

<http://cprstat.com/>

### CPR Works Inc Wilmington

<https://cprworksofwilmington.com/>

### Sheredia Hansley

910-632-3762

email: [theguenuinetouch@gmail.com](mailto:theguenuinetouch@gmail.com)

### American Red Cross

910-762-2683

[www.redcross.org/local/north-carolina/eastern-north-carolina/](http://www.redcross.org/local/north-carolina/eastern-north-carolina/about-us/locations/cape-fear-chapter.html?CID=organic_gmb_listings)

[about-us/locations/cape-fear-chapter.html?](http://www.redcross.org/local/north-carolina/eastern-north-carolina/about-us/locations/cape-fear-chapter.html?CID=organic_gmb_listings)

[CID=organic\\_gmb\\_listings](http://www.redcross.org/local/north-carolina/eastern-north-carolina/about-us/locations/cape-fear-chapter.html?CID=organic_gmb_listings)

### Susan Geisler- First Hands CPR

[firsthandscpr@ec.rr.com](mailto:firsthandscpr@ec.rr.com) First Aid, North Carolina | First Hands CPR, Inc.

### Priority 1 Response

<https://priority1responsecpr.com/>

**Thank you for your patience with this change.**

## **Not getting our emails?**

Be sure to always check your **junk/spam email folder** if you aren't seeing an email from us- then mark us as **'Safe Sender'**.

**Directors:** a private



Facebook group, **Smart Start of NHC: Early Childhood**

**Directors**, was created for you. This page provides a place for administrators to network, ask questions of each other and coordinate efforts to better serve the children in their program. In addition, the Smart Start ECE team will share news and events, and help you with questions you may have about our services.

We hope you join to keep in touch! Find us on Facebook:

**<https://www.facebook.com/>**



## Directors...

...Looking for a way to meet other directors, network, get ideas, or share frustrations?

We're facilitating our Director Dialogues— [via Zoom!](#)

Join other directors for the next meetings on **Wed., Nov. 8 @ noon.**

A Zoom link will be emailed prior to the meeting. No planned agenda, and no RSVP needed, Just log on to chat!

For more information or questions, contact Natalie Pond.

### ...share our newsletter and training calendar with your staff.

- \* post them in the staff breakroom (do staff know if the newsletter and training calendar are posted and where?)
- \* email them to staff
- \* provide a copy to each classroom or teacher or provide them with our website address to view the training calendar
- \* encourage staff to decide which training(s) he/she would like to register for
- \* remember that classes fill quickly. It's important to register online early.

**Be sure to always check your junk/spam email folder if you aren't seeing an email from us- then mark us as a 'Safe Sender'.**

## Resource Room Corner

**"Alexa, play Harry Styles' 'Treat People with Kindness'!"**

### School is back, routines are set, and kids are learning!

If any of your upcoming classroom curriculums include topics such as emotions (specifically kindness), learning how to share, and learning how to get along, consider checking out the **Kindness theme box.**

The Kindness theme box includes materials to invite children to learn about kindness. Some of the materials included are story-telling kits, puzzles, moods and emotion mirrors, puppets, and plenty of kindness board books.

It may be easy to tell children, "Be nice! Friends are kind to each other," but are children absorbing what you're saying? You are only telling them, not showing them.

Take the materials in the Kindness theme box to show children what kindness looks like. For example, put on a puppet show for your children and act out examples of kindness shown in the kindness board books. Or, to make it more relatable to your classroom, give examples of what you witnessed. Then let the children have their turns with the puppets and ask them how they can show kindness. By participating in an activity such as a kindness puppet show, children can lead by example, and you can continue to teach kindness through different kindness activities.

**In the Resource Room lending library, we have plenty of books on emotions!** If you are looking for books to address other emotions such as anger, sadness, jealousy, and more, let Ciara know, and she can share materials related to social and emotional development.

**Remember, the Resource Room Library has its own website.** You can use the library site to check for available resources, find out what items you currently have checked out, renew items, and place holds. Visit: <https://newhanoverkids.library.site>. Log-in with either your first and last name, center name, or the email associated with your membership. No password is needed!

**Contact Ciara to learn more about the Kindness theme box, social/emotional resource materials available for check-out OR how to navigate our online library!**



# KINDNESS

4679



SMART START OF NEW HANOVER COUNTY  
3534 S. COLLEGE RD SUITE F  
WILMINGTON NC, 28412  
910 815 3731  
[WWW.NEWHANOVERKIDS.ORG](http://WWW.NEWHANOVERKIDS.ORG)





Smart Start of New Hanover County  
3534 S. College Rd., Suite F  
Wilmington, NC 28412

Address Service Requested

## WE ENCOURAGE YOU TO SHARE OUR NEWSLETTER AND TRAINING CALENDAR WITH ALL STAFF

### Smart Start Early Care and Education Staff

**Nicolette Campisano:** Behavior & Inclusion Support Consultant  
nicolette.campisano@newhanoverkids.org

**Mindy Davis:** Early Care and Education Manager  
mindy.davis@newhanoverkids.org

**Ciara Montgomery:** Child Care Resource & Referral Specialist  
ciara.montgomery@newhanoverkids.org

**Natalie Pond:** Child Care Resource & Referral Consultant  
natalie.pond@newhanoverkids.org

**Kelly Puzon:** Behavior & Inclusion Support Consultant  
kelly.puzon@newhanoverkids.org

**Krista Smith:** Child Care Resource & Referral Consultant  
krista.smith@newhanoverkids.org

If you would like to receive our newsletter electronically, send us an email letting us know.

### Contact Us

#### Smart Start of New Hanover County

3534 S. College Rd., Suite F  
Wilmington, NC 28412

p: 910.815.3731 or 877.722.7857

e: [info@newhanoverkids.org](mailto:info@newhanoverkids.org)

[www.newhanoverkids.org](http://www.newhanoverkids.org)



[www.facebook.com/smartstartofnhc](https://www.facebook.com/smartstartofnhc)



[@SmartStartofNHC](https://twitter.com/SmartStartofNHC)



[SmartStartNHC](https://www.youtube.com/SmartStartNHC)

