



● NEW HANOVER COUNTY ●

# Smart Start Early Care and Education Training Calendar October - December 2023

**Registration fees: \$3 per credit hour (except CPR)**

**Registration is required: <https://www.newhanoverkids.org>**

Workshop Topic Key:

**IT:** Infant/Toddler   **PRE:** Preschool   **FCC:** Family Child Care   **SE:** Social Emotional   **HS:** Health & Safety

Workshop Color Code:

**Blue:** in person at Smart Start

**Red:** virtual/online workshop

**Oct. 1– Dec. 21      Back to Basics!      Self-Paced      2.5 cr. hr.**

Whether you are a new teacher or a seasoned pro, this course is for you! This course is full of important tips and tricks of the trade that will prove to be vital in any successful classroom. Participants will work at their own pace to complete the course while discovering new approaches to all things early childhood educators do best. Expand your toolbox in areas of social emotional development, getting your environment ready and more. Registration for this course closes on Wednesday, Dec. 20 at 12:00pm. **Cost: \$9**

**Oct. 1– Dec. 21      Social Emotional Learning in the Early Childhood Setting      SE      Self-Paced      3.0 cr. hr.**

Social emotional development is vital for a child's success in life, and it begins at birth. This course will provide participants with information on supporting social emotional development in infants through preschoolers as well as how to plan activities that align with NC Foundations. Strategies to teach skills, set up your classroom for success, and more will be shared throughout this course. Registration for this course closes on Wednesday, Dec. 20 at 12:00pm. **Cost: \$9**

**Tues., Oct. 17      The Child & Adult Food Care Program, Cape Fear Tutoring, and You!      HS      6:30-8:00pm  
1.5 cr. hr.      Cape Fear Tutoring Staff**

The presentation will give an overview of the federally funded Child and Adult Food Care Program (CACFP), the benefits it provides to family child care and child care centers, and the children in their care, and how providers can qualify to receive funding. In addition, we will demonstrate the friendly and caring assistance, fiscal support, and detailed training Cape Fear Tutoring provides as an experienced CACFP Sponsor since 1984. **Cost: FREE**

**Tues., Oct. 24      STEM and Falling Leaves in Family Childcare      FCC      6:30-8:30pm      2.0 cr. hr.      N. Pond**

Science, engineering, how the world works – these are great opportunities to be hands-on, and it's easier than you might think! We will explore a variety of activities for different ages, with a focus on the fall season. This will be an interactive training including time to network with other providers. *For Family Child Care and Centers in a Residence only.*

**Wed. Oct. 25      Environmental Health– Review of Readopted Child Care Sanitation Rules      HS      6:30-8:30pm  
2.0 cr. hr.      NHC Health & Human Services**

Join New Hanover County's Environmental Health Services staff for a review of the childcare rules that highlight the changes recently made. Time for questions will be offered. **Cost: FREE**

**Wed., Oct. 25      ITS SIDS      6:30-8:30pm      2.0 cr. hr.      K. Smith  
Mon. Dec. 4      ITS SIDS      6:30-8:30pm      2.0 cr. hr.      C. Demaree**

An overview of SIDS, identification of SIDS risk factors, and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant room is required to attend this training.

**Thurs., Oct. 26      Routines, Transitions, and Expectations      SE      6:30-8:30pm      2.0 cr. hr.      K. Puzon**

This workshop will focus on these universal strategies for learning in the classroom: Routines, Transitions, and Expectations. These 3 key parts of the preschool day are vital for consistency and teaching children what we DO want them to do, instead of correcting them for doing what we don't want them to do. We will talk about how to intentionally teach each of these 3 strategies and how to embed them into our everyday activities. We will also discuss how having these strategies in our classroom also reduces challenging behavior.



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**Mon., Nov 6\* & Mon., Nov. 13\*** **FLIP IT! SE** **6:30-8:30pm** **4.0 cr. hr.** **K. Puzon**

FLIP IT! is a strategy that offers a simple, kind, strength-based, common sense, and effective four step process to address children's day to day challenging behavior. In this 2-part training, teachers will learn the teaching methods to implement FLIP IT! in their classrooms. FLIP IT! isn't just for children with challenging behaviors, but for all children in the classroom to learn how to appropriately regulate their emotions. In addition to the workshop, follow-up TA will be provided to help you implement the strategy in your classroom. FLIP IT is beneficial for children birth-5 yrs. *\*Participants must complete both sessions to receive credit.* **Cost: \$12**

**Wed., Nov. 8** **Using Visual Supports in the Classroom SE** **6:30-8:00pm** **1.5 cr. hr.** **N. Campisano**

Children are often visual learners, and using this to your advantage can be a powerful tool in the classroom. In this workshop you will learn about the importance and impact of using visual supports, as well as practical tips on how and when to use them so that you can effectively implement them in your classroom. You will also have opportunities to collaborate with other teachers. This workshop is suitable for any level of experience using visual supports in the classroom.

**Thurs., Nov. 16** **Rethinking Interactions** **6:30-8:30pm** **2.0 cr. hr.** **K. Smith**

Interactions play a crucial role in teaching young children. In this workshop, we will discuss when interactions should be occurring, how quality interactions look, and the 'why' behind the importance of them. Participants will leave with helpful techniques to add to their tool kit.

**Mon., Nov. 20** **Mindfulness, Yoga, and Breathwork for Social Emotional Development SE** **6:30-8:00pm**  
**1.5 cr. hr.** **N. Campisano**

It is no secret that mindfulness, yoga, and breathwork are known to have positive effects on the nervous system. But what does this have to do with your classroom? In this workshop, you will learn how these concepts support children's social-emotional development, and how to incorporate them into your classroom.

**Thurs., Nov. 30** **Family Partnerships** **6:30-8:30pm** **2.0 cr. hr.** **N. Pond**

Children in our classrooms come with parents and families; this can sometimes be a challenge. This workshop will give educators concrete ideas for working with parents and families. Topics will include building relationships, strategies for on-going communication, and tips for handling difficult situations. During this interactive session participants will work together through virtual activities to share ideas.

**Sat. Dec. 9** **CPR & First Aid** **9:00am-12:00pm** **0.0 cr. hr.** **L. Glaspie**

This training teaches early childhood educators and others how to respond to and manage illness and injuries in a child or infant during the first few minutes until professional help arrives. Class size is limited. **Cost: \$40**

**Mon., Dec. 11** **Stay Healthy, Stay Clean: Diapering & Toileting HS** **6:30-8:30pm** **2.0 cr. hr.** **C. Demaree**

This training will include a brief overview and demonstration of proper infant/toddler diapering and toileting according to state regulations and evidence-based practice. It will include best practices aimed at promoting sanitary practice and reducing risk of spreading bacteria, viruses, or various infectious diseases for diapering and toileting. Additionally, participants will learn how to navigate toileting practices for children with special health care needs or limited mobility.